MESSAGE FROM THE PRINCIPAL

Dear Parents and Carers

Road Safety
As you are no doubt aware, the students have a 2 week break commencing this Friday afternoon. I would like to take this opportunity to remind parents/caregivers about the importance of children being safe around roads. It is too often the case that children think that because they can see cars, then car drivers can see them. As adults and drivers we know that this is not always the case. Children can dart out in front of cars oblivious to the presence of cars. Please remind your children of the need to be safe over the holidays.

Morning drop-off zone
I would also like to congratulate the drivers who drop their children off in the drop-off zone in the morning. I appreciate the patience you show to others as we get through the process of moving children into school and cars out of the way. There are times when patience can be tested but you show the resilience to get through it all. This can make such a peaceful start to the day for children. Thank you for your consideration.

Student behaviour
I have now nearly completed my first school term at Springfield Lakes State School. I still feel that I am the luckiest person in the district to be working in such a wonderful school. I have been welcomed by so many parents. The school staff are great and our students are wonderful. As with all schools, there a few students who push the boundaries of behavioural expectations, but there are clear processes around this. There are so many well behaved students with increasing improvements in their academic abilities. I look forward to being part of the school for many years to come.

Keep a watch on our school these holidays
Parents and students can help take care of our school by reporting any suspicious after-hours activity to School Watch on 13 17 88. By keeping an eye out we can work together to create a safer school community and help to reduce vandalism, theft and arson in our school.

If you see something suspicious, please don’t intervene. Call the School Watch number and let the local police or State Government Protective Security Service deal with the matter.

Kind Regards
Greg Horrigan
Principal
Get on board with pirates alike and help plunder some much needed loot for Childhood Cancer Support.

**Talk Like A Pirate Day** is a chance to polish yer peg leg and say ‘Ahoy me hearties’ to yer first mates and school crew.

Each year on 19th September, people throughout Australia and around the world loosen their ties, lose the school uniform, hunt for some treasure and get ready to Talk Like a Pirate!

Throughout Australia, Talk Like a Pirate Day is dedicated to raising awareness of the impacts childhood cancer has on families while raising vital funds for a great cause.

On **Friday the 18th September** we ask that all children come to school dressed like a pirate and ready to donate a gold coin to Childhood Cancer Support.

Our school Pirates are all cooperative, peaceful and respectful and must leave their hooks, knives, swords and cutlasses at home…. Or Captain Mr Horrigan will add them to his collection.
SIGN OUT PROCEDURES

There have been a number of parents who are coming into the school, going directly to your child’s classroom and pulling them out. The correct procedure at Springfield Lakes State School is:

- Parents must **always** come to the Administration Office as the first point of call
- Parents must **sign your child out** if they are leaving the school grounds
- Administration staff will **call your child’s class** and have them sent up to the office with their bag or
- Parents will be given a **leave pass** if the option is for them to collect their child from class.

Your adherence to Education Queensland policies and procedures would be greatly appreciated.

BUSINESS SERVICE MANAGER NEWS

BPOINT is an additional payment option which is available to you to pay your school invoices.

The internet web link will provide you with a method of paying school invoices from your own computer.

You will need the Customer Reference Number (CRN) printed at the bottom of your invoice/statement.
Once you have entered above requested information you will receive a BPOINT transaction confirmation for your records.

If you have multiple items on your statement enter any one of the invoice numbers and enter the total $ amount. The system will then clear the entered invoice number and place the balance as a credit on your account. The school will receive a report showing the credit and will apply this credit to the remaining invoices. Alternatively you may enter each invoice separately.

Attached are visual instructions to pay with BPoint.
You may have seen the ‘Learning Potential’ app that has been advertised on TV. I found some very helpful information, activities and tips in this app for school aged children, and what parents can do at home to support learning. The purpose of the app is parent engagement. The following information was taken from the website: http://www.learningpotential.gov.au/

**Parent Engagement**

Parents, families and carers are a child’s first and most important teachers. Parent engagement in education is about parents being positively involved in their child’s learning and school community - to help them learn and enjoy school.

As a parent, you and your family play an important role in supporting your child’s education. The earlier you and your family become engaged, the better it is for your child’s learning.

Parent engagement is more than being involved and informed about school activities. It is actively engaging with your child’s learning, both in the home and at school.

When schools and families work together, children do better and stay in school longer. For this reason ‘engaging parents in education’ is one of the four pillars of the Australian Government’s Students First approach for quality school education.

**What can parents do?**

Being positively involved in your child’s learning can help them to do better at school, be more engaged with their school work, go to school more regularly, and have better behaviour and social skills.
There are simple things you can do to support your child's education. It doesn't take much to make a big difference! Research has identified five ways that you can make a big difference to your child's learning:

1. set positive expectations
2. have regular conversations
3. support good study habits
4. encourage reading
5. build a partnership with your child's teachers

Learning Potential is full of tips and ideas on how to put these ideas into practice, with specific suggestions depending on whether your child is under five, in primary school, or in high school.

Some examples of 'articles' in the app:

Great expectations
Your child's self-esteem and achievement can improve if you have high (but realistic) expectations.

Set high, but achievable expectations
Children whose parents have high expectations of them tend to strive to reach them. Talk about how you expect them to try their best to achieve their academic goals. You could mention your expectations to your child in everyday conversation. For instance, I hope you have a great day at school today and do your best on your maths test.

Celebrate success
When your child makes progress towards their goals (like getting their best ever result on their maths quiz) or learning a new piece of

How to help your child get the best out of homework
In primary school, particularly in the later years, your child may receive homework. Here are some ways you can help your child learn through their homework.

Each school has a different homework policy
Touch base with your child's teacher or the school to find out what the homework policy is.

Homework in the early primary years
In the early primary years, homework is likely to focus on sight words and home reading. You can help your child with this by listening to them read and helping them with their pronunciation.

Blue unicorn underpants: the silly sentence game
This is a great literacy game that teaches your child nouns, verbs and adjectives through very silly sentences.

What you will need:
- Thirty cards
- Three envelopes
- Paper
- Pens
- Timer

Method:
- Write 10 nouns (common words), 10 adjectives (describing words), and 10 verbs (idiosyncratic words) on individual cards.

I was impressed with the wide variety of practical tips and great ideas to support learning, development, and parent engagement. So I encourage every parent to have a look over the holidays.

Have a fantastic holiday!

Information provided by:
Tara Brown
Education Queensland Speech-Language Pathologist
Contact me!
Email: tbrown542@eq.edu.au | Ph: 3437 9888
**P & C NEWS**

I would like to say a big thank you to all the volunteers that worked on the Fathers Day Stall. We had some volunteers that worked long hours to make sure the stall was a success. Your help was very much appreciated.

**Thank You**
GUIDANCE OFFICER NEWS

ANXIETY

`a feeling of worry, nervousness, or unease about something with an uncertain outcome’.

With a definition like this who doesn’t get anxious

Did you know….

Sometimes is can be helpful to have some level of anxiety. It helps us get ready for exams, and motivates us to perform. It helps us avoid dangerous situations or reminds us to prepare for new situations. It helps us to be prepared and often to do our best.

If you are feeling anxiety you might feel uncomfortable, physically unwell (butterflies in your stomach, heart racing, wanting to vomit or go to the toilet). You might feel overwhelmed, frightened or even a sense of panic (this can be very useful if that assignment is due tomorrow).

All these feelings are normal and most of us experience them at some time in our lives. Don’t panic if your child is demonstrating these symptoms especially at the end of term, while having to speak in public or when awaiting his report card.

When does anxiety go beyond the norm??

If you are seeing anxiety that is ‘excessive or unreasonable, marked and persistent’ and interfering significantly with one’s normal routine’, then it is time to consider whether the anxiety has reached the level of a disorder.

When feelings and thoughts become: more intense and overwhelming; thoughts are unhelpful or irrational and unable to be controlled; and the person is unable to do what they need to do; and these thoughts and feelings are interfering with relationships, then anxiety becomes a disorder, and it is time to seek help.

Anxiety is a part of life but it should not become your life. There are many causes to anxiety of which familial history of anxiety is often a common element, but anxiety can occur for lots of reasons. One in six people experience anxiety so it is a common issue.

There are 5 types of anxiety disorders:

- Generalised Anxiety Disorder (GAD) – excessive worrying about many aspects of one’s life
- Obsessive Compulsive Disorder (OCD) – Thoughts and fears are obsessive and rituals are performed in order to cope eg. continually checking if the iron is off; excessive hand washing
- Panic Disorder – panic attacks are periods of intense fear or anxiety even when there is no good reason. Symptoms may include sweating, breathing difficulties, loss of control
• PTSD – Post traumatic stress disorder – A disturbing event may trigger this and the person may have flash backs, disturbed dreams and mood changes. Many soldiers or refugees experience this, but a single incident can trigger this for anyone
• Social Phobia – fear of being humiliated, embarrassed or criticized and may affect one’s ability to speak or eat in public, being assertive and sticking up for oneself
• Specific Phobias eg intense fear of spiders, the dark, injections. One or more can occur at the same time

If you believe that the feelings of anxiety are ongoing, and affecting day to day living, and are unable to be controlled, then you or your love one needs to seek help.

Tips to help along the way

• Talk to someone eg the Guidance Officer, the doctor, a friend or family member
• Stay physically healthy – eat healthy food, drink water, exercise daily
• Work out ways to minimize the stresses in your life without having to avoid them
• Have a massage, yoga, facial or other treats.

Who better to look after you than yourself but be open to help if you need it. Often others see our needs before we do!

Contacts:

• beyondblue 1300 22 4636
• Lifeline 13 11 14
• Kids Helpline 1800 55 1800.
• Beyondblue.com
• https://www.youthbeyondblue.com/understand-what's-going-on/anxiety/types-of-anxiety

Adapted from Beyondblue
FROM THE ADMINISTRATION OFFICE

OFFICE HOURS

Monday 8.00 - 4.00  
Tuesday 8.00 - 4.00  
Wednesday 8.00 - 4.00  
Thursday 7.30 - 3.30  
Friday 8.00 - 4.00

COMING EVENTS

<table>
<thead>
<tr>
<th>Sep</th>
<th>15th &amp; 16th</th>
<th>TUCKSHOP WILL BE CLOSED ALL DAY</th>
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<tbody>
<tr>
<td>17</td>
<td></td>
<td>Prep-Year 1 Assembly - 2pm at the undercover area next to the tuckshop</td>
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<tr>
<td>17</td>
<td></td>
<td>Prep- Pirates Secret Treasure Show</td>
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<tr>
<td>18</td>
<td></td>
<td>Talk Like a Pirate Day - Gold Coin Donation</td>
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<tr>
<td>18</td>
<td></td>
<td>Last day of Term 3 2015</td>
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<tr>
<td>Oct</td>
<td>6</td>
<td>School Resumes for Term 4 2015</td>
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<tr>
<td>14</td>
<td></td>
<td>Year 1 Swimming</td>
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<td>Year 1 Swimming</td>
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<tr>
<td>Dec 2015</td>
<td>11</td>
<td>Last day of Term 4 2015</td>
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SCHOOL WIDE POSITIVE BEHAVIOUR

SWPBS - School Wide Positive Behaviour Support

Below are the expectations being taught to all our students. We ask that parents reinforce these expectations when in our school grounds.

**Week 9**
Whole School and Year Level Focus - *Respectful* - Respect the right to teach and learn.

**Week 10**
Prep - *Respectful* - Use manners when speaking to both staff and students.
Year 1 - *Peaceful* - Stop, Walk, Talk.
Year 2 - *Peaceful* - Stop, Walk, Talk.
Year 3 - *Peaceful* - Stop, Walk, Talk.
Year 4 - *Respectful* - Own your own behaviour.
Year 5 - *Cooperative* - Follow the instructions of every member of staff.
Year 6 - *Respectful* - Own your own behaviour.

---

**Dove Band Celebration**
*We are Cooperative*
*We are Peaceful*
*We are Respectful*

As a way of acknowledging all of the great behaviour displayed in our school, we will be holding a ‘Dove Band Celebration,’ on Thursday 17th September, 2015. Each dove band level receives a different reward.

**Blue Band**: will receive an ice-block at second break.

**Yellow band**: participate in a “Cinema Event” afternoon.

**Red Band**: are invited to bring in an appropriate toy or game (this may include a board game, electronic game or card game) to play with in the afternoon session.

**Green Band**: participate in a special activity with a Deputy Principal.

**Gold Band**: have lunch with the principal, a mention in the newsletter and a special certificate at our end of year rewards parade.

It is great to see so many students following our school expectations and working hard to achieve the next dove band level. Congratulations to all students who have worked hard to reach their respective levels.
MUSIC NEWS

Choir

Senior Choir
Our next Senior Choir performance will be for our Springfield Cluster Choir Day on October 29, which coincides with Music Count Us In day across Australia. More information will be sent home soon regarding this performance.

Junior Choir
Unfortunately due to a date clash, our Junior Choir will not be participating in this year’s Jacaranda Festival. More information will come home early next term about our next performance.

Year 1 Choir
Our Year 1 Choir will be performing for the very first time on Thursday 17 September, during the Prep/Yr 1 Assembly, in the undercover area near the tuckshop. We would love to see lots of parents for our first ever performance.

Instrumental Music Recruitment

Our Year 2 and 3 students are being introduced to the instruments that they may like to play in our Instrumental Music Program next year. In 2016, Year 3 students will have the chance to learn String instruments (Violin, Viola, Cello and Double Bass), and Year 4 students have the chance to learn Band Instruments (Flute, Clarinet, Bass Clarinet, French Horn, Trumpet, Trombone, Euphonium and Percussion). Forms will be sent home in the coming week. If you are interested in your child learning an instrument through our school Instrumental Music Program please return the Expression of Interest forms to the school by the last day of this Term (Friday 18 September). Please note that we do not have Guitar and/or Piano lessons through our school.
Concert Band/Senior String Ensemble

Our Band and String Ensemble have been entered into the Brisbane Schools Band Festival, which will be held over the weekend of 23/24 October. All students involved in these ensembles will be expected to participate in this performance. As soon as we have final details about our performance times, we will let everybody know.

Week 10 Instrumental Music

As both of our Instrumental Music Teachers are involved in a workshop at Springfield Central SHS during week 10, there will be no Instrumental Music lessons during the last week of Term 3. Our Concert Band will still be having their usual rehearsal on Monday morning of that week.

Students using school instruments

As part of the conditions of enrolment in the Instrumental Music Program, students who use a school instrument will need to provide their own instrument if they choose to continue in the Program next year. Students who use larger instruments (Double Bass, Tenor Saxophone, Bass Clarinet, Euphonium, French Horn) have a loan for their entire enrolment in the Program at Primary School. We'll be sending more information out to parents soon regarding continuing students for 2016.

Kind Regards
Libby McRobert
Music Coordinator

SPORTS NEWS

Healthy, Active Travel to School

Congratulations to 2C who were the winners of the Active Travel Trophy for Term 2. They had the most children in the school who either walked, rode or scooted to school. Each child in the class will be receiving a prize this week.

The Healthy Active School Travel Artwork Competition is on again this year, with select artwork to be included in a 2016 Calendar for your families, if your school participates.

Thanks to our local police, the Department of Transport & Main Roads and the Healthy Active School Travel program as we have some fantastic prizes for students and schools who get involved. Prizes include:

- School 1st Prize – Amart/Rebel Sports Voucher $500

To be awarded to the school with the most number of entries submitted as a % of total school enrolment (i.e. if you submit 20 entries and your school total enrolment numbers are 500 students then 20 entries equates to 4% of total enrolment)

- School 2nd Prize – Class Morning Tea with Constable Clancy the Koala

To be awarded to the class with highest number of entries submitted as a % of total class enrolment (if two or more classes achieve the same result there will be a draw to establish the winner)
• Student Prizes – there is a major prize of a student bicycle and bicycle helmet, as well as many small prizes such as hand-balls, frisbees, yo-yo’s, card games, pencils and more!

The competition is about raising awareness for road safety and in particular safe travel to school.

We’re asking students to submit artwork pieces to your school office – they need to be handed in by next Friday 11th September). Artwork submitted will be judged by an independent panel and then returned to the school during Term 4.

Artwork must be submitted on A4 sized paper and can be hand drawn, painted or computer designed (3D mixed media/electronic media designs will not be accepted) with the student’s full name, class and school written clearly on the back of the artwork. The artwork must address one or more of the following road safety messages:

- Speak Up for Road Safety
- How do you share the road? *Hint: drivers, cyclists and pedestrians are all road users*
- How do you travel safely to school?

Hints:

- **Always wear your correctly fitted helmet and safety gear when riding your bike, scooter or skateboard**
- **Always cross the road using the pedestrian crossing or traffic lights and only cross when cars have stopped for you**
- **If you are not near a crossing, choose a safe place to cross where you can see the traffic in all directions and the traffic can see you**
- **Keep to the left of the footpath and move out of the way of other people**
- **Watch out for cars coming in and out when crossing driveways**
- **Don’t bounce the ball while walking to school**
- **Don’t ride your scooter on the road**
- **Don’t distract Mum or Dad when they are driving**
- **Always wear your seatbelt in the car**
- **Get in and out of the car on the footpath side**
- **If catching the bus, wait for the bus to move away before crossing the road**

*Danielle Fajzullin*

*P.E. Teacher*

*Springfield Lakes State School*
SAVE THE DATE
GREATER SPRINGFIELD
run for life

Saturday 24th October

10K
5K Glow
2K Dog Walk
1K Kids Race

Battle of the Bands, Lanterns in the Park, Fireworks & more.
Robelle Domain, Springfield 3pm - 8pm

Register Online
www.runforlife.org.au

facebook.com/gsrunforlife follow us @gsrunforlife
Thank you to everyone who got behind the earn and learn program. We completed 1283 sticker sheets!!! This gives us a total of 76,980 points to buy resources with.

The top 8 classes are below:

1. 1E - 122 - WINNERS!!!!

2. PC - 76

3. 4B - 70

4. 3A - 59

5. 3C - 54

6. 3F - 48

7. PB - 46

8. 3B - 45

Thanks,

Madonna Marsh
Science Teacher

Springfield Lakes State School
The uniform shop will be closed on Wednesday 16th September but we will open on Thursday 17th September instead - for this week only.

Our schools uniform shop is now available on-line just click on the link available on school website. All orders will be delivered to your child's classroom.

Uniforms also available for purchase on line, click on the link on the school website. All orders are delivered direct to child/ren's classroom.

Payment and Collections Options:

In person: At uniform shop when opening times apply; pay by cash, credit or debit cards cards and cheque.

By telephone: Call 3437 9888 (request uniform shop) during uniform shop opening hours. Payment options include credit card or debit card only **NO CASH.** Your order will be processed the next available uniform shop working day and delivered to your child's class.

By fax: 34379800 Order forms can be collected via office, school website or uniform shop. Payment options include credit or debit cards only, **NO CASH.** Your order will be processed the next available uniform shop working day and delivered to your child's class; uncompleted credit or debit card details will result in non-delivery of uniform.

By Administration Office: Complete order forms are to be handed in to administration office. Payment options include credit or debit card only, **NO CASH.** Your order will be processed the next available uniform shop working day and delivered to your child’s class; uncompleted credit or debit card details will result in non-delivery of uniform.
TUCKSHOP NEWS

New GLUTEN FREE MENU AVAILABLE at the tuckshop

Click on the image below to view information.

SAVE TIME, ORDER TUCKSHOP & UNIFORMS ONLINE!

At Springfield Lakes State School we now have a great new online system to make the ordering of lunches and uniforms easier and more convenient.

- Order at a time convenient to you
  in the morning, night before, or weeks in advance!
- No searching for cash required
  It’s already paid online!
- Teach students healthy eating in a fun way
- Order from home or work

It’s so easy!
Go to www.flexischools.com.au

Or go to the quick link
www.springfieldlakes.eq.edu.au

1) Click “Register Now” to create account
2) Top-up your balance
3) Start ordering immediately

To view a demonstration
go to the www.flexischools.com.au website and in the “Find Your School” box, enter a few letters from our school name and click the name when it appears below.

What Does It Cost? The online menu is the same price as the lunch menu. However, there is a small fee for the online orders to help pay for the labels and the website system. So why not order your next lunch online?

What payment methods can I use?
FlexiSchools accepts payment via Visa, Mastercard, and Bank Transfer. To perform a bank transfer to your FlexiSchools account, click ‘Top up Account’ when logged into the FlexiSchools website and select ‘Bank Transfer’, you will be given your unique EFT code. You can then make a transfer via your bank’s Internet facility or at your branch.

How Does It Work in the Tuckshop?
Go to www.flexischools.com.au and click ‘Register Now’ in the Login Box. Then enter your student’s name, school and class, and add funds (say $50) into a pre-paid account. You can log into the website at any time to place orders until the 8am cut off for same day orders. Or, you can order up to 2 weeks in advance. As purchases are made, the funds are taken from your pre-paid account. The account can be topped up again in the same way, or set to automatically top-up via credit card when the balance falls below a pre-set minimum. Each order is sent automatically to the kitchen, where an easy-to-read label is produced with the student’s name, class and order details. At lunch time, students can simply pick up their order without the need for cash.
Springfield Lakes State School

Tuckshop hours

Monday to Friday

8.15am-9am

The tuckshop is open for counter sales and orders during the times above. In store counter orders must all be handed into the tuckshop by 9am daily.

Online orders- Must be processed by 8 am

For all details please go to the website.

www.flexischools.com.au

* Tuckshop phone number: 34379836

Please phone between 7.30-8am or 12noon-1pm

* Absentees from school who have orders tuckshop, please call the tuckshop direct to postpone your order

Tuckshop convenor- Sandra Goss

Tuckshop second in charge- Lauren Lovell
YMCA SPRINGFIELD LAKES OSHC
BEFORE, AFTER & VACATION CARE

Time goes by so quickly can you believe it is the end of term this Friday. School holidays start next week. Have you booked your children in for Holiday Club?

WE HAVE PLENTY OF PLACES AVAILABLE

Do you have anything planned to keep your children entertained? Our holiday club includes fun-filled themed days such as Pirates, Crazy, Aliens, and Art Attack. We have organised a special incursion: Kids First Aid, where the children will learn basic first aid. We have one child attending on that day as he can obtain his First Aid Badge for Scouts.

We also have Robomania and Science Factory visiting, which will have plenty of hands on experiments for our children to enjoy.

Grades three to eight are very excited to be travelling to Victoria Park Golf Club to explore the Mini Golf Course.

Booking Forms are available at the service, so please come in and speak to our friendly team members.

Have you been on to the YMCA Brisbane OSHC Facebook page? There is plenty to see from our service here at Springfield Lakes, as well as our many other YMCA services around Brisbane.


Karen Kelso
Co ordinator
The Team
YMCA Springfield Lakes OSHC
Force NATION Basketball Camp

9am - 3pm each day
Girls & Boys
7yrs to 15yrs
Cotton Foundation Stadium (Booval)
Limited Places Available
Register Today!
Beginner | Intermediate
Advanced Instruction

Mon 21st Sept | Tues 22nd Sept | Wed 23rd Sept 2015

Cost: 3 day camp $100
2 day camp $80
1 day camp $60

Family Discounts Available!

TO REGISTER ONLINE: www.ipforce.com.au
Includes Force NATION training singlet (ONLINE PRICES ONLY)
NB. Over the counter payment will incur a processing fee

Your Force NATION Coaching Staff includes:
James Legan | Bree Farley | Marney George | Greg Fox

For more information contact:
Ipswich Basketball on Ph. 073 282 4328
Force Online Home: www.ipforce.com.au
Do you have a child with a chronic illness? How are their brothers and sisters going?
Researchers from the University of Queensland are seeking parents with at least one child with any chronic illness (for example; Asthma, Diabetes, Eczema, Epilepsy, and Cystic Fibrosis) and at least one well child (without any chronic illnesses, aged 6 – 12 years). The researcher will be conducting home visits and performing interviews with one parent and one sibling of the child who has the chronic illness. Total duration will be less than 60 minutes. Topics of discussion will be based around the impact of the chronic illness on the well children within the family home. The findings of this study will help inform future parenting interventions for children and siblings living within a home with chronic illness. Participants will go into a draw for a chance to win one of two $50 Coles Group and Myer gift cards. For more details please contact Kathryn Hales on 0487 642 566 or at kathryn.hales@uqconnect.edu.au.

2015 WEST BRISBANE FALCONS BASKETBALL CLUB DTP SEASON

TERM 4, 2015- Development, Training, Play

West Brisbane Falcons will run our own in-house competitions in all junior age groups. This will mean we will conduct 90 minute age group sessions on a selected night that will involve a 45 minute training sessions followed by organised matches on the two courts available at Centenary High School. Each Gender Age Group will be capped at 32 players so that every player gets the most out of their Falcons experience so make sure you get in early.

If you are interested in playing with West Brisbane Falcons in the last season (Term 4) for 2015, please visit our Website or Facebook page for information and registration.

Online Registration & Further Information can be found on our website.

www.westbrisbane.basketball.net.au
westbrisbanebasketball@hotmail.com

JOIN THE FALCONS NEST AND SOAR ABOVE THE REST!!!

CLUB NOTES:
SENIORS BASKETBALL (GBL & SOCIAL) STARTING AT WEST BRISBANE FALCONS IN 2016. Information HERE

All players MUST be registered with Brisbane Basketball before playing their first game. The BBI Registration Fee is different to the West Brisbane fees you pay.

Thanks

West Brisbane Falcons Basketball Club

www.westbrisbane.basketball.net.au
KIDS week
Sat 19 - Fri 25 Sept

FREE minions

Featuring:
Barbie
Blinky Bill
Bugs Bunny
Fireworks + more

surfersparadise.com
Are you a parent of a child with type 1 diabetes?

Every day thousands of Australian children suffer the effects of type 1 diabetes, and families struggle with illness management and children’s behavioural and emotional adjustment.

Positive Parenting for Healthy Living is an adaptation of the successful Triple P - Positive Parenting Program, offering practical ideas and support for parents of children with type 1 diabetes. This innovative group program is designed to help parents manage their child’s illness, assist children in coping with their illness and emotions, and prevent and manage difficult child behaviour.

Over the next few months and for a limited time only, parents of 2-10 year old children with type 1 diabetes are able to access Positive Parenting for Healthy Living Triple P free of charge as part of a University of Queensland research project. Contact Dr Amy Mitchell on (07) 3346 1202 or email diabetes.healthyliving@uq.edu.au or visit https://exp.psy.uq.edu.au/11diabetes for more information.