MESSAGE FROM THE PRINCIPAL

Dear Parents and Carers

Student assessment
Student assessment is all but completed for this semester. There will still be some assessment in some classes, but the bulk of our student assessment is finished. This does not mean that school is finished for the year. Children are required to attend school up until the end of this term which is Friday 11 December. There are special days planned for the end of the school term. Please read this newsletter to find out what is on.

School Disco
The Prep school disco last Friday night was well attended by many happy and smiling Prep students. They danced and ate and enjoyed their night. I did stop children from running around while at the disco. The main reason for this is the safety of themselves and other students. Yesterday on year 4-6 assembly I spoke to the students about the expectations I had around their behaviour on the night of their disco this Friday night. In particular, I reminded students that they will not be allowed to be running while at the disco. Safety is the reason for this.

Thank you to all the helpers at the last disco. Your assistance was greatly appreciated. Also thank you to the parents who were exercising the patience needed as we trialled a few changes on the night. The aim of these is to ensure the safety of children and we will be using the same system for the Friday disco this week. What will happen at the pickup time is for parents to move through the side roller door at the hall and exit with your child or children through the front glass doors to the foyer. By doing this, we are better able to track student departure.

School arrival time
We are having an increasing number of students arriving at school very early. Some students are here at 7.00 am. We have Outside School Hours Care (OSHC) based at our school. If you need to drop your children off early, you may need to consider enrolling them in OSHC. There are similar situations of an afternoon when some children are still waiting beyond 4.00 pm to be picked up. When this happens on a regular basis, please consider OSHC.

Kind Regards
Greg Horrigan
Principal
2016 BOOKLIST

Back to School shopping that gives back.
Your child's Requirements List is ready to go.
And for every dollar you spend, we'll donate a portion back to your school.
Order today at officemaxschools.com.au

Free delivery for Back to School early birds.
Requirements List orders placed by December 1 will enjoy FREE delivery, saving $9.95.
Don't worry if you missed December 1, we can still ensure your supplies reach you before the first day of school for $9.95. Simply place your order by December 10.
Order today at officemaxschools.com.au

Ready to Order
For a fast, simple and secure way to place your order please visit www.officemaxschools.com.au and follow these easy steps:

1. Search for your school: Springfield Lakes State School
2. Enter your school password: 48VE3Y
3. Enter Student's Name and select their Year Level: example Year 5
4. Select the quantities of items you wish to order, then click "Add items to Cart"
5. Review the items in your shopping cart and proceed by selecting 'Order Online', if you wish to add another student's order select 'Add another Student' and repeat steps 3-5 for that student
6. Enter your contact details, delivery address and payment details. Click 'Place Order' to complete your order.

**If you order before 1st December you get free delivery.**
Springfield Lakes State School P&C welcomes LOWES

Springfield Lakes State School P&C would like to advise you that as of this Friday the 30th October, the school uniform shop will be permanently closed. Starting from the 9th of November, uniforms will be available for purchase either in store at Lowes Orion or online via the Lowes website: www.lowes.com.au/schools-online.aspx

We are very pleased that this change will provide our school families with some great advantages when purchasing uniforms:

- Same great quality
- Special discount days
- 7 day a week purchases
- Lay-by facilities

We would like to say a special thank you to the uniform shop staff for all their dedication over the years.
Dear 2016 Prep Families

Welcome to Springfield Lakes State School.

Supporting children during transition is important because research suggests that having a positive start to school promotes children’s capacity to learn and make and maintain friendships.

To assist children make a positive start to our school where the children feel they belong, enjoy learning and are happy to try new experiences we are offering the following opportunities.

**Prep Forums for Parents/Caregivers:**
- Monday October 26th at 9:00am – 10:00am in the Staffroom
- Monday November 9th at 6:00pm – 7:00pm in the Staffroom

Please RSVP to the Prep Forums one week prior to each event. Ph: 3437 9888

**Prep Open Afternoon for parents and children:**
- Wednesday December 9th from 12 noon – 1:00pm.

**PLEASE NOTE - Prep Open Afternoon for parents and children on 9th December 2015 is for enrolled Prep’s only.**

All 2016 Prep children and their families are invited to experience the Prep Program. Children will visit classrooms, meet teachers and teacher aides, familiarise themselves with their school environment and participate in a number of activities within classrooms.

Please RSVP your attendance on ph. 34379888 by Monday November 31st 2015.

Kind Regards

Greg Horrigan

Greg Horrigan
Principal
Springfield Lakes SS

SIGN OUT PROCEDURES
There have been a number of parents who are coming into the school, going directly to your child’s classroom and pulling them out. The correct procedure at Springfield Lakes State School is:

- Parents must **always** come to the Administration Office as the first point of call
- Parents must **sign your child out** if they are leaving the school grounds
- Administration staff will **call your child’s class** and have them sent up to the office with their bag **or**
- Parents will be given a **leave pass** if the option is for them to collect their child from class.

Your adherence to Education Queensland policies and procedures would be greatly appreciated.

**BUSINESS SERVICE MANAGER NEWS**

BPOINT is an additional payment option which is available to you to pay your school invoices.

The internet web link will provide you with a method of paying school invoices from your own computer.

You will need the Customer Reference Number (CRN) printed at the bottom of your invoice/statement.
Once you have entered above requested information you will receive a BPOINT transaction confirmation for your records.

If you have multiple items on your statement enter any one of the invoice numbers and enter the total $ amount. The system will then clear the entered invoice number and place the balance as a credit on your account. The school will receive a report showing the credit and will apply this credit to the remaining invoices. Alternatively you may enter each invoice separately.

Attached are visual instructions to pay with BPoint.

---

**Kindest Regards**

Jannette Cash

Business Service Manager
SPEECHIE NEWS

By Tara Brown

Speechie News!

CHRISTMAS

I can’t believe it is already that time of year again! Here are some ideas to support your child’s language development over the next few weeks and school holidays.

Santa Letters

Mix it up this year and include the following:

- What gift would they like?
- Why do they want it? (fun, educational, how they will use/play with it, benefits and disadvantages, can it be shared?)
- Nominate a gift that the whole family can enjoy together (eg. board game, outdoor game, craft supplies)
- Nominate a gift idea for someone else in the family and why

Teacher Appreciation

Write a Christmas letter or make a card for your teacher detailing:

- What you enjoyed most about this year
- What you want to thank them most for
- Wishing them luck for next year
- Hoping they have a lovely holiday

Phone a Friend or Relative

- Think of some things to talk about before making the call. You may like to write down some dot points/draw pictures to help think of what to say.
- Think of some questions to ask them.
- Put it on loud speaker so mum or dad can help!

Prepare for Questions!

Prepare for when grandma asks “How was school this year?” OR “How have you been?” OR “What have you been up to?”

You may like to:

- Remind them what has happened this year (eg. What about sport? What about your art?)
- Choose 3-4 things to talk about
- You may even like to rehearse some answers before guests arrive!
Out & About

Asking a shop assistant:
• Where is the leggo? (Or other gift they are looking for).
• Asking questions about a toy before they buy it (eg. pros and cons).
• When ordering food, encourage your child to order their own. Eg. “Could I please have a chocolate ice-cream in a cone?” You may like to rehearse with them before ordering.

Reinforce classroom skills
• Greeting hello and goodbye
• Using manners
• Introducing themselves to new people
• Answering questions in full sentences
• Asking for clarification when they don’t understand

Family Story Time
• Read a story every day
• Read aloud to your child
• Get your child to read aloud.
• You may like to ‘Google’ age appropriate books, award winning books, or popular books/novels to get ideas.
• Read the book of their favourite movie. Being familiar with the story line may assist their comprehension and make reading more enjoyable.

Talk about:
• What happened
• Your opinions
• Tricky words
• What might happen next?
• (see previous newsletters for more ideas)

Present ideas
• Something they want (eg. toy)
• Something they need (eg. clothes)
• Something to share (eg. board game)
• Something to read (eg. picture books/novels)

Information provided by:
Tara Brown Education Queensland | Speech-Language Pathologist
Contact me! | Email: tbrow542@eq.edu.au | Ph: 3437 9888
FROM THE ADMINISTRATION OFFICE

OFFICE HOURS

Monday 8.00 - 4.00
Tuesday 8.00 - 4.00
Wednesday 8.00 - 4.00
Thursday 7.30 - 3.30
Friday 8.00 - 4.00

STUDENT ABSENCE LINE
Parents are requested to call the Student Absence Line on 3437 9860 to advise the school if your child/ren will be absent.

COMING EVENTS

<table>
<thead>
<tr>
<th>Dec</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>3</td>
<td>Year 6 Wet 'N Wild Excursion</td>
</tr>
<tr>
<td>4</td>
<td>Prep Play Day in Prep Playground</td>
</tr>
<tr>
<td>9</td>
<td>Prep Open Afternoon for parents/children 12pm-1pm in Prep area.</td>
</tr>
<tr>
<td>9</td>
<td>Celebration Parade Prep-Year 3 9.00am-10.00am. Year 4–6 10.30am-11.30am in school hall.</td>
</tr>
<tr>
<td>9</td>
<td>Moving Up Day 12pm to 1pm</td>
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<tr>
<td>10</td>
<td>Year 5 X-Mas Break Up Excursion</td>
</tr>
<tr>
<td>10</td>
<td>Year 6 Graduation 1.00pm-2.45pm – School Hall</td>
</tr>
<tr>
<td>11</td>
<td>Last day of Term 4 2015</td>
</tr>
</tbody>
</table>

CURRENT EXCURSIONS/ACTIVITIES

<table>
<thead>
<tr>
<th>Activity</th>
<th>Year Level</th>
<th>Amount</th>
<th>Reference/Item Code</th>
<th>Payment Due Date</th>
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</thead>
<tbody>
<tr>
<td>Voluntary Contribution</td>
<td>P-7</td>
<td>$ 75.00</td>
<td>VC</td>
<td></td>
</tr>
<tr>
<td>2016 - Canberra Trip</td>
<td>Year 6 in 2016</td>
<td>$250.00</td>
<td>Canb Dep</td>
<td>7/12/2015</td>
</tr>
<tr>
<td>2016 - Yr 6 Leadership Shirt</td>
<td>Year 6 in 2016</td>
<td>$31.00</td>
<td>Yr6 Shirt</td>
<td>4/12/2015</td>
</tr>
</tbody>
</table>

* N.B. All due dates will be strictly adhered to. Any monies received after 10.30am on the above dates will not be processed. If there are exceptional circumstances, please contact the Principal. Payments received by BPay or internet banking after the due date will be refunded back to the payee.
SCHOOL WIDE POSITIVE LEARNING

SWPBS - School Wide Positive Learning Support

Below are the expectations being taught to all our students. We ask that parents reinforce these expectations when in our school grounds.

Week 8

Prep - Stay calm and maintain self-control.

Year 1 - Play allowed games in correct areas.

Year 2 - Apologise to others if you bump into them.

Year 3 - Follow outdoor personal safety procedures.

Year 4 - Respect the right to teach and learn.

Year 5 - Follow outdoor personal safety procedures.

Year 6 - Use appropriate language.

Week 9

Respectful - Own your own behaviour

Week 10

Prep - Last week of school, following instructions.

Year 1 - Last week of school, following instructions.

Year 2 - Last week of school, following instructions.

Year 3 - Last week of school, following instructions.

Year 4 - Last week of school, following instructions.

Year 5 - Last week of school, following instructions.

Year 6 - Last week of school, following instructions.
As a way of acknowledging all of the great behaviour displayed in our school, we will be holding a ‘Dove Band Celebration,’ on **Tuesday 8th December, 2015**. Each dove band level receives a different reward.

- **Blue Band**: will receive an ice-block at second break.
- **Yellow band**: participate in a “Cinema Event” afternoon.
- **Red Band**: are invited to bring in an appropriate toy or game (this may include a board game, electronic game or card game) to play with in the afternoon session.
- **Green Band**: participate in a special activity with a Deputy Principal.
- **Gold Band**: participate in a special activity with the administration team and will be acknowledged at our end of year celebration parade on Wednesday 9th December.

It is great to see so many students following our school expectations and working hard to achieve a dove band level.

**MUSIC NEWS**

**Music Morning Melodies**
Our music groups will be having their final performance for the year at our Music Morning Melodies, which will be held in our school hall on Monday 7 December and commencing at 9:30 am. All of our school music ensembles (Senior and Junior Strings, Concert Band, Junior and Senior choirs as well as our Year 1 choir) will be performing for the final time this year. All parents and family members are invited to attend.
Instrumental Music - New students 2016.
Just a reminder to families that all Acceptance of Offer forms for new students (green note), or the Decline of Offer forms (red forms) are due back at school by Friday 27 November.

Instrumental Music - Continuing students 2016.
As planning is already well underway for next year’s Instrumental Music Program, we would like to remind you that any students who are continuing in the Program in 2016, and who are currently using a school instrument (except those learning Double Bass, Bass Clarinet, Tenor Saxophone, French Horn and Euphonium) will need to have their own instrument in 2016. This includes students currently loaning Violins, Violas, Cellos, Flutes, Clarinets, Alto Saxophones, Trumpets and Trombones from our school.

If you need any information on recommended brands of instruments, or places to purchase these instruments, please contact either your child's Instrumental Music Teacher or myself. We recommend that you do NOT purchase instruments from the Internet, or cheap supermarkets, as the quality of these instruments is variable, and they do not come with adequate warranties, often leading to expensive repairs costing more than the instrument itself.

All instruments have been allocated to new students for 2016, but in exceptional circumstances, we may be able to loan an instrument to a student for an additional year. This is only possible IF an instrument is available, and only IF parents approach the school prior to the end of the school year.

All School instruments are required to be returned to school by Monday 7 December, following the Music Morning Melodies Concert. All instruments will be serviced and repaired over the school holidays, ready for 2016.

Final Week rehearsals.
There will be a Concert Band rehearsal on the last Monday of the year, in preparation for our Concert that morning, but there will be no further lessons or rehearsals (Instrumental Music or Choirs) after the concert. All lessons will finish in Week 9.

Thank You.
I would like to take this opportunity to say thank you to our Instrumental Music Teachers throughout the year, and a big thank you to our families and students for your support of the Choral and Instrumental Music Programs at our school. To those Year 6 students, and others who are leaving our school, I wish you all the best for your musical endeavours in the future. Have a wonderful Christmas/ New Year break, and I look forward to working with you again in 2016.

Regards,
Libby McRobert
Music coordinator.
This year, Springfield Lakes State School will be partnering with Hillsong Church by participating in the Stuff the Bus Christmas Appeal.

The appeal aims to provide food and gifts for families in need over the Christmas Holidays and beyond. **Families are invited to give an item of non-perishable foodstuffs, or a brand new gift for a child**, which will be collected and placed into hampers and distributed to families in need.

Our aim in partnering with Hillsong Church in this initiative is to foster a greater sense of community, whilst inspiring children and families in our community to openly give and care for those less fortunate than themselves. It is our aim that most families within our school community would provide something that will bring some hope to another family over the holiday season.

The Chaplaincy Service will provide an opportunity for families at Springfield Lakes State School to give these items by placing them under the empty Christmas tree in the undercover area near the tuckshop on **Wednesday the 2nd of December 2015**.

Over the past three years our school community has responded generously to the Christmas appeal, contributing approximately three car loads of groceries annually.

If you are aware of any families or individuals within our region who may benefit from receiving a hamper during this holiday period, please contact Hillsong City Care on (07) 3422 8500.

We hope that many of you will embrace this chance to offer support to our wider community.

**Second Hand Uniform Donations**

Our Chaplaincy Service is able to provide a second hand uniform service to the community, thanks to the generous donations of old and used uniforms from our school community. If you have any good quality used uniform items you, can donate them to the chaplaincy service via the school office.
UNIFORM SHOP

LOWES

SPECIAL PROMOTION FOR

SPRINGFIELD LAKES STATE SCHOOL

SPECIAL SALES
DAY

Lowes Springfield – Orion Town Centre
THURSDAY 10 DECEMBER 2015
9.00 am – 9.00pm

RECEIVE 15% DISCOUNT
Off the regular price on all uniform items for
SPRINGFIELD LAKES STATE SCHOOL

PLUS

BONUS EZY-WAY 5% DISCOUNT
additional for Lowes Ezy-Way customers

OR 5% REWARDS
Lowes Rewards Card holders receive in-store Gift Vouchers
to the value of 5% of their purchase
Springfield Lakes
State School
63 Springfield Lakes Boulevard, Springfield Lakes

UNIFORM PRICE LIST

LOWES
www.lowes.com.au
Orion Springfield Central
1 Main st, Springfield Lakes QLD 4300
07 3470 5078

LOWES will pay a commission to the school on every item of school uniform sold in our local store.

Please shop at LOWES, home of Beare & Ley
PREMIUM QUALITY SCHOOLWEAR

EXTRA 5% DISCOUNT OFF EVERYTHING YOU PURCHASE WITH YOUR EZY-WAY CREDIT CARD, OR AN EXTRA 5% REWARD VOUCHER ON ALL YOUR PURCHASES THAT IS SENT TO YOU TWICE A YEAR.

School brochure number: 28303
| Girls All Seasons Uniform |  |
|---------------------------|-----------------------|------------------|-----------------|
| **PANEL POLO**            | NAVY/JADE - GREY PIPING - RMS LOGO | From $33.99 |
| **CULOTTES**              | NAVY/TEAL PLEATED     | $33.99          |
| **BUCKET HAT**            | NAVY/JADE TRIM - RMS LOGO | $51.99          |
| **SCARF**                 | WHITE ANKLE STYLE     | $4.99           |
| **JACKET**                | H/F JACKET - NAVY/EMERALD/WHITE | $57.99           |
| **BACKPACK**              | NAVY WITH SCREENPRINT | $41.99          |
| **LIBRARY BAG**           | NAVY WITH SCREENPRINT | $11.99          |
| **TIGHT**                 | NAVY 'EBONY' STYLE    | $13.99          |
| **JACKET**                | NAVY FLEECE ZIP FRONT | From $29.99 |

| Boys All Season Uniform  |  |
|--------------------------|-----------------------|------------------|-----------------|
| **PANEL POLO**           | NAVY/JADE - GREY PIPING - RMS LOGO | From $33.99 |
| **SHORTS**               | NAVY CARGO STYLE      | From $19.99 |
| **SHORTS**               | NAVY CARGO P/Y - LM REID | $25.99          |
| **TROUSERS**             | NAVY CARGO STYLE      | From $29.99 |
| **TROUSERS**             | NAVY CARGO P/Y - LM REID | $27.99          |
| **BUCKET HAT**           | NAVY/JADE TRIM - RMS LOGO | $11.99          |
| **JACKET**               | H/F JACKET - NAVY/EMERALD/TEAL | $57.99           |
| **BACKPACK**             | NAVY WITH SCREENPRINT | $41.99          |
| **LIBRARY BAG**          | NAVY WITH SCREENPRINT | $11.99          |
| **SCARF**                | WHITE ANKLE STYLE     | $4.99           |
| **JACKET**               | NAVY FLEECE ZIP FRONT | From $29.99 |

| PRE PRIMARY UNIFORM      |  |
|--------------------------|-----------------------|------------------|-----------------|
| **LEGIONAIRE CAP**       | NAVY - RMS LOGO       | $10.99           |

**ALL PRICES ARE SUBJECT TO ALTERATION**
TUCKSHOP NEWS

New GLUTEN FREE MENU AVAILABLE at the tuckshop

SAVE TIME. ORDER TUCKSHOP & UNIFORMS ONLINE!

At Springfield Lakes State School we now have a great new online system to make the ordering of lunches and uniforms easier and more convenient.

- Order at a time convenient to you
  - in the morning, night before, or weeks in advance!
- No searching for cash required
  - It’s already paid online!
- Teach students healthy eating in a fun way
- Order from home or work

It’s so easy!
Go to www.flexischools.com.au
OR go to the quick link
www.springfieldlakes.sq.edu.au

1) Click “Register Now” to create account
2) Top-up your balance
3) Start ordering immediately

To view a demonstration
Go to the www.flexischools.com.au website and in the “Find Your School” box, enter a few letters from our school name and click the name when it appears below.

What Does It Cost?
The online menu is the same price as the local menu. However, there is a small fee for the online orders to help pay for the labels and the website system. So why not order your next lunch online?

What payment methods can I use?
FlexiSchools accepts payment via Visa, Mastercard, and Bank Transfer. To perform a bank transfer to your FlexiSchools account, click ‘Top up Account’ when logged into the FlexiSchools website and select ‘Bank Transfer’, you will be given your unique BFT code. You can then make a transfer via your bank’s internet facility or at your branch.

How Does It Work in the Tuckshop?
Go to www.flexischools.com.au and click “Register Now” in the Login Box. Then enter your student’s name, school and class, and add funds (say $50) into a pre-paid account. You can log into the website at any time to place orders until the 8am cut off for same day orders. Or, you can order up to 2 weeks in advance. As purchases are made, the funds are taken from your pre-paid account. The account can be topped up again in the same way, or set to automatically top-up via credit card when the balance falls below a pre-set minimum. Each order is sent automatically to the kitchen, where an easy-to-read label is produced with the student’s name, class and order details. At lunch time, students can simply pick up their order without the need for cash.

BIRTHDAY CAKES ARE NOW AVAILABLE TO PURCHASE THROUGH TUCKSHOP
Springfield Lakes State School
Tuckshop hours
Monday to Friday
8.15am-9am

The tuckshop is open for counter sales and orders during the times above. In store counter orders must all be handed into the tuckshop by 9am daily.

Online orders: Must be processed by 8am

For all details please go to the website.

www.flexischools.com.au

*Tuckshop phone number ph 34379836

Please phone between 7.30-8am or 12noon-1pm

*Absentees from school who have orders tuckshop, please call the tuckshop direct to postpone your order

Tuckshop convenor- Sandra Goss

Tuckshop second in charge- Lauren Lovell
YMCA SPRINGFIELD LAKES OSHC
BEFORE, AFTER & VACATION CARE.

Bang! Pop! Exploding potions and slippery slime. Our service explored our five senses in conjunction with our science week. Our children were excited to be involved in doing experiments. We conducted the evaporating egg shell out of vinegar and the colour potions out of baking soda, food colouring and vinegar exploding like a volcano.

Next week our theme is ‘Christmas in Australia’. We are looking forward to the start of the festive season.

Our Summer Holiday Club Program is now available at our service, school office and available online.

There will be 2016 Enrolment Packs and information available. Karen Kelso, Coordinator of YMCA Springfield Lakes OSHC will be giving a speech on ‘What is Outside School Hours Care’ Karen will be available to answer any questions or concerns that parents / care givers may have at the Prep Open Afternoon December 9th 2016 between 12.00pm – 1.00pm.

Have you been on to the YMCA Brisbane OSHC Facebook page? There is plenty to see from our service here at Springfield Lakes, as well as our many other YMCA services around Brisbane.

https://www.facebook.com/YMCA-Brisbane-Outside-School-Hours-Care-
740260396008243/timeline/

Happy viewing!

Karen Kelso
Co-ordinator
The Team
YMCA Springfield Lakes OSHC

If you are new to the school and would like a tour of our service, please give us a call or email to arrange an appointment. We can get to know you and more importantly – get to know your family.

YMCA SPRINGFIELD LAKES OSHC

P: 07 3818 3741
F: 07 3288 3162
M: 0437 823 073

asf@ymca.org.au

COMMUNITY NEWS
Year 7 Students for 2016 - You’re Invited!
Springfield Central State High’s Orientation Day

When: Tuesday December 1st
Where: Meet at the office
Time: 9:00am – 2:30pm

What to bring: a pencil case, your lunch, hat and water bottle

The canteen will be open for small purchases

---

Sensory Santa

Sensory Santa was created for families with special needs children that have sensory disorders and couldn’t have a photo with Santa because of the sensory barriers.

Sensory Santa offers
No Background Music, No Lines/queues. Same bookings, No spotlights, Chair next to Santa, understanding Santa & Photographer.

Ipswich Riverlink Shopping Centre has dedicated the day for special needs photos with Santa

9am-4pm Sunday 29th November
book online or phone 3294 3500
http://www.riverlink.net.au/event-registration.php
The University of Queensland
Hockey Club

COME & TRY DAY

Hockey is fun, fast & exciting.
Come down and give it a go for free!

WHEN & WHERE |
29th Nov - St John's Anglican College (Secondary School),
College Ave, Forrest Lake
6th Dec - Oval 5A (Athletics Track), The University of Queensland,
St Lucia
TIME | 9:30am - 11:00am
WHAT TO BRING | Joggers, all other equipment provided

For more information or to register your interest, contact;

juniors@uqhockey.com.au
or Neil Shearer 0488 588 374
Brett Holland (Jnr boys) 0478 215 628
David Herman (Jnr girls) 0418 889424

www.uqhockey.com.au
SENSORY SANTA
CREATED FOR FAMILIES WITH SPECIAL NEEDS CHILDREN.

SENSORY SANTA OFFERS:
• No background music or spotlights
• No lines
• A chair next to Santa
• Complimentary free photo per family
• Availability outside core trading hours

Sunday 22 November  8.00am – 10.00am
Sunday 29 November  8.00am – 10.00am

Places are limited. To make a booking please contact Sensory Santa QLD on 0422 416 509 or sensorymoviesday@hotmail.com

OrionSpringfieldCentral.com.au
Carols on the Beach

6.30PM
SUNDAY 20 DECEMBER
Surfers Paradise Beach

HOSTED BY CHARLI ROBINSON
FEATURING A LINE-UP OF HOMEGROWN AUSSIE TALENT

PLUS A FIREWORKS SPECTACULAR!
surfersparadise.com

Presented by G:link | PARADOX | 9 GOLD COAST
Sunday 10 January 2016

Brisbane Resolution Run

Keeping my new year's resolution!

www.active8change.com.au
Healthy Families

Want to get your kids active and eating well?

The FREE PEACH™ program can help.

PEACH will be running in your local community in Term 1 - 2016.

The program covers:

• Nutrition – lunchbox and snack ideas, reading labels and ingredients, dealing with fussy eaters and tips on planning ahead.

• Physical activity – the benefits of exercise, how to be more active as a family, physical activity recommendations for children and how to reduce screen time.

• Parenting – setting boundaries, planning for change, managing resistance to change, role modelling and how to be balanced and consistent.

PEACH runs weekly within a school term and after school hours.

Sessions are 90 minutes. Parents meet with a trained parent facilitator to discuss topics while children enjoy fun active play run by a trained child facilitator.

ENROL NOW - BY PHONE OR ONLINE.

Free call 1800 263 519 or visit www.peachqld.com.au

Healthier. Happier.