MESSAGE FROM THE PRINCIPAL

Dear Parents and Carers

Many of our students are currently involved in assessment tasks. As such, it is as important as any other time for our students to be at school. We all want our students to do as well as they can for their assessment. A part of that is children having a good breakfast and being well rested with a good night’s sleep.

The last day of our school year is 9 December and it is important that our students attend until the end of the school year.

While the last term of school can sometimes lead to increased student disruptive behaviour, I have to say that our students are doing very well with their behaviour. There are and always will be things that come up. However, with vigilance, our students should continue to keep their good behaviour through until the end of the year.

Our school wide system of school behaviour is based upon the SWPBL model. These letters stand for School Wide Positive Behaviour Learning. I am sure many of you are familiar with our system of doves as rewards. Our elements of SWPBL are based upon three broader understandings. These are:

We are co-operative
We are peaceful
We are respectful

Our Dove system of rewards is linked to the peaceful element of SWPBL with doves symbolising peace. For 2017, we are looking to tweak some parts of our Behaviour Management process. For example our dove will stay but will have a bit of a rework for next year. We are also making some changes to our rewards system. We will keep you informed as our tweaking continues.

Kind Regards
Greg Horrigan
Principal
REMOVAL OF BPAY FUNCTIONALITY

Dear Parents

With the introduction of BPOINT to schools earlier this year, this is now our preferred method of payment for all invoices/accounts and the BPAY functionality has been removed.

BPOINT is an online system to pay school invoices for example School fees, excursions, camps etc. Payments that are accepted are MasterCard and Visa and cardholder details are securely held. There is a link for parents on our website for BPoint. For those who haven't previously used BPoint, when you receive an invoice from the school it is an easy process to finalise a BPOINT payment as displayed below. You just need to put in your individual CRN number which is displayed on the bottom left of your invoice along with the Invoice Number, EQ Id and student’s name.


Regards
Jannette Cash
Business Service Manager
Dear Parent/Caregiver

You are invited to join the Voluntary Financial Contribution Scheme for this year, which is managed by the school. From 1 January 2011, the Voluntary Financial Contribution Scheme is operated under the policy and guidelines of FNM-PR-023: Voluntary Financial Contributions.

Voluntary Financial Contribution

The scheme is voluntary and will supplement school grants for the purchase of ipads, laptops, desktop computers and projectors. The provision of this contribution ensures that our students have the most state of the art technology.

Voluntary Financial Contributions are used by the school to provide an educational service and to enhance resources available for student learning. Voluntary contributions in previous years have funded new reading resources for our library. This year’s contributions will be allocated to technology resources for all year levels.

Our contribution amount is $75 per child for the year.

We have adjusted the contribution amount to make it more affordable for families with 2 or more children. Please see below:

$75 for the first child
$70 for the second child
$65 for the third child
$60 for the fourth child to a maximum of $270 per family.

Our preferred method of payment is via BPOINT (instructions over page). Payment may also be made by credit card using the payment advice over the page, or by cash.

Thank you for your valuable contribution and ongoing support.

Yours faithfully
Greg Horrigan
PRINCIPAL
**VOLUNTARY CONTRIBUTION PAYMENT 2016**

Child’s Name: _______________________________________      Class: ___________

Child’s Name: _______________________________________      Class: ___________

Child’s Name: _______________________________________      Class: ___________

Parent’s Name: ______________________________________________________

- **Credit Card** (complete payment form below and return to the School Office)
- **Cash** (Payments can be made at the School Office between 8.30am and 10.30 am daily)

---

**CREDIT CARD PAYMENT**

Payment for: **VOLUNTARY CONTRIBUTION**

Please circle which card used:                                                              Total Payment Amount $.............

**MASTER CARD**      **VISA CARD**

Card Number:  

Cardholder’s Name:_________________________________________   Expiry Date:....../......

Cardholder’s Signature______________________________
Voluntary Financial Contribution Information Sheet

Each state school is resourced by the State Government through appropriation funding to provide a core educational service to students. Voluntary Financial Contributions are used by school’s to provide an enhanced educational service and to enhance resources available for students learning, recreation and comfort.

Operating Statement

1. The costs of providing instruction, administration and facilities for the education of students at the school are met by the State Government for students enrolled at the school who are Australian citizens or permanent residents, or the children of Australian citizens or permanent residents.
2. The school is resourced by the State Government through school appropriation funding to provide a core educational service.
3. Section 56 of the Education (General Provisions) Act 2006 provides that the Principal may ask the parents of a student of the school to make a voluntary financial contribution to supplement government funding for instruction, administration and facilities for the education of the student at the school. If the student is an adult, the principal may ask the student to make a voluntary financial contribution.
4. Voluntary financial contributions are used by the school to provide an enhanced educational service and to enhance resources available for student learning, recreation and comfort.
5. A voluntary financial contribution is not a fee. Debt recovery action will not be undertaken by the school for non-payment of all or part of a request for a voluntary financial contribution.
6. A voluntary financial contribution is separate from a Student Resource Scheme that might operate in the school.
7. While the request to parents may indicate a nominated amount, the financial contribution to the school is voluntary, and there is no obligation on a parent to make all or part of the contribution.
8. To enable an informed decision to be made by the parent, the request for a voluntary contribution should indicate how the funds will be used by the school.
9. The school and the parents share decision-making and responsibility for the operation of the voluntary financial contribution funds. The amount of the requested contribution and the operation of the voluntary contributions are endorsed by the Parents and Citizens’ Association annually.
10. The voluntary financial contribution funds may be managed by the school or the Parents and Citizens’ Association, but not by a third party.
11. The voluntary financial contribution is not to be a deterrent for a student enrolling at the school, participating in extra-curricular activities or undertaking a particular subject.
12. Where a parent decides not to make a voluntary financial contribution, instruction, administration and facilities for the education of the student at the school will continue to be provided by the school, and the student will suffer no educational detriment by way of school action as a result of the decision.

For any payment by cash, cheque or credit/debit card, a receipt will be issued.

Uncontrolled copy. Refer to the Department of Education and Training Policy and Procedure Register at http://ppr.det.qld.gov.au to ensure you have the most current version of this document.
TUCKSHOP NEWS

SPRINGFIELD LAKES STATE SCHOOL
TUCKSHOP HOURS
MONDAY to FRIDAY
8:15am to 9:00am

The tuckshop is open for counter sales and orders during the times above. In store counter orders must all be handed into the tuckshop by 9:00am daily. ONLINE ORDERS - Must be processed by 8:00am. For all details please go to the website. www.flexischools.com.au

Tuckshop phone number is (07) 34379836.
Please phone between 7:30am -8:00am or 12:00pm-1:00pm.
Absentees from school who have ordered tuckshop, please call the tuckshop direct to postpone your order
Tuckshop Convenor - Sandra Goss
Tuckshop second in charge - Lauren Lovell

Please scroll down further to download menu
P & C NEWS

Book Covers For 2017
Springfield Lakes State School is already enrolled into the rebate programme giving our P & C back 15 cents per cover on all orders purchased by parents of the school. EZ Cover have a number of fresh new subject based designs for the 2017 school year so look out for these when they arrive.

All of the covers are Reuseable, take the cover off one book and use it on the next. The book can now be Recycled with other paper (or stored for posterity).

Each EZ Cover is really easy and can be used on as many books as you like. Unlike stick on covers, the covers are made with recycled content, are non-toxic, and PVC-free. Last but not least we offer the school an easy to administer Rebate programme.

Parents select our school first from the drop-down box and then enter the promo code (EZ15) that's on the A4 sheet download for any orders made online at www.ezcovers.com/au.

A brochure showing the designs available can be found at https://www.ezcovers.com/au/EZ-Cover-A4-Brochure_AUS_2016_email.pdf.

COMMUNITY KICKBACKS

For every $5 that each person spends at Amart Sports, a point goes to our school. Every three months our school receives a total. For the last 3 months our school received $600 to spend on sporting goods for our children!

Every time someone makes a purchase at Amart Sports, in-store or online they just have to remember to swipe their Team Amart loyalty card or mention that you want the points to go to our school.

Join the Team Amart program and nominate our school on your account. It can be done online or simply at the cash register at your local Amart Sports store. It takes just 2 minutes.

Thanks for your support!

Danielle Fajzullin
SPORTS NEWS

GREATER SPRINGFIELD in2CRICKET

When: Tuesday 8th November – 21st February
(Stadium break 20th Dec – 19th Jan)
Time: 6:00-7:00pm
Cost: $99 (Register and pay online)
Where: Atlantic Drive Sporting Complex, 61B Summit drive,
Springfield Lakes
Contact: Danielle Portelli 0432 329 668
To register click on 'where can I play' and enter Greater Springfield

MILO T20 BLAST

Greater Springfield T20 Blast

When: Tuesday 8th November – 21st February
(Stadium break 20th Dec – 19th Jan)
Time: 6:00-7:30pm
Cost: $120 (Register and pay online)
Where: Atlantic Drive Sporting Complex, 61B Summit drive,
Springfield Lakes
Contact: Danielle Portelli 0432 329 668
To register go to playcricket.com & click on 'where can I play'
SIGN OUT PROCEDURES

There have been a number of parents who are coming into the school, going directly to your child’s classroom and pulling them out. The correct procedure at Springfield Lakes State School is:

- Parents must always come to the Administration Office as the first point of call
- Parents must sign your child out if they are leaving the school grounds
- Administration staff will call your child’s class and have them sent up to the office with their bag or
- Parents will be given a leave pass if the option is for them to collect their child from class.

Your adherence to Education Queensland policies and procedures would be greatly appreciated.

BUSINESS SERVICE MANAGER NEWS

BPOINT is an additional payment option which is available to you to pay your school invoices.

The internet web link will provide you with a method of paying school invoices from your own computer.

You will need the Customer Reference Number (CRN) printed at the bottom of your invoice/statement.
Once you have entered above requested information you will receive a BPOINT transaction confirmation for your records.

If you have multiple items on your statement enter any one of the invoice numbers and enter the total $ amount. The system will then clear the entered invoice number and place the balance as a credit on your account. The school will receive a report showing the credit and will apply this credit to the remaining invoices. Alternatively you may enter each invoice separately.

Attached are visual instructions to pay with BPoint.
FROM THE ADMINISTRATION OFFICE

OFFICE HOURS

Monday 8.00 - 4.00
Tuesday 8.00 - 4.00
Wednesday 8.00 - 4.00
Thursday 7.30 - 3.30
Friday 8.00 - 4.00

STUDENT ABSENCE LINE

Parents are requested to call the Student Absence Line on 3437 9860 to advise the school if your child/ren will be absent.

STUDENT PERSONAL DETAILS

We are reminding parents to ensure that all contact details are up to date. We have had a number of incidents of late where we have needed to contact parents due to accident or illness and the phone numbers that we have on file are incorrect or have been disconnected.

MESSAGES TO STUDENTS

We are receiving an increasing number of messages to pass on to students in relation to end of day arrangements/pickup. It becomes extremely difficult to pass these messages on to students when we receive calls from parents minutes before the bell. We ask families to please make arrangements before leaving in the morning.

MOBILE PHONES

Bringing mobile phones to school is not encouraged by the school because of the potential for theft and general distraction and/or disruption associated with them. However, we understand that on occasions parents require their children to have a mobile phone. This is to be logged into the office on arrival at school, with the mobile phone register being signed. Children collect their phones and sign them out in the afternoon.

WHEN PACKING LUNCHES FOR OUR CHILDREN PLEASE KEEP IN MIND
CONVENIENCE IS NOT ALWAYS THE BEST SOLUTION.

The small cans of spaghetti or fruit with the pull ring lids are a very convenient solution for a meal but have also caused nasty accidents for little fingers. Please be mindful of this and perhaps take the time to open and pour the contents into a small plastic container.

MR HORRIGAN LIKES DOGS

While Mr Horrigan likes dogs not all dogs like each other. Please do not bring your dog to school as some dogs bite and some dogs like to fight.
<table>
<thead>
<tr>
<th>Nov</th>
<th>Date</th>
<th>Event Description</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>3</td>
<td>Prep-Year 1 Assembly - 2pm at the undercover area next to tuckshop</td>
</tr>
<tr>
<td></td>
<td>4</td>
<td>Year 1 - Swimming</td>
</tr>
<tr>
<td></td>
<td>7</td>
<td>Year 4 - 6 Assembly - 2pm in School Hall</td>
</tr>
<tr>
<td></td>
<td>10</td>
<td>Year 2 &amp; 3 Assembly - 2pm in School Hall</td>
</tr>
<tr>
<td></td>
<td>11</td>
<td>Year 1 - Swimming</td>
</tr>
<tr>
<td></td>
<td>17</td>
<td>Prep-Year 1 Assembly - 2pm at the undercover area next to tuckshop</td>
</tr>
<tr>
<td></td>
<td>18</td>
<td>Year 1 - Swimming</td>
</tr>
<tr>
<td></td>
<td>18</td>
<td>Prep - Year 2 DISCO 4.30pm - 6.30pm in School Hall</td>
</tr>
<tr>
<td></td>
<td>18</td>
<td>Year 3 - 6 DISCO 7.00pm - 9.00pm in School Hall</td>
</tr>
<tr>
<td></td>
<td>21</td>
<td>Year 4 - 6 Assembly - 2pm in School Hall</td>
</tr>
<tr>
<td></td>
<td>22</td>
<td>P &amp; C Meeting - 7pm in Staffroom Administration Building</td>
</tr>
<tr>
<td></td>
<td>24</td>
<td>Year 2 &amp; 3 Assembly - 2pm in School Hall</td>
</tr>
<tr>
<td>Dec</td>
<td>1</td>
<td>Prep-Year 1 Assembly - 2pm at the undercover area next to tuckshop</td>
</tr>
<tr>
<td></td>
<td>4</td>
<td>Year 4 - 6 Assembly - 2pm in School Hall</td>
</tr>
<tr>
<td></td>
<td>7</td>
<td>Year 6 Mystery Tour</td>
</tr>
<tr>
<td></td>
<td>8</td>
<td>Year 2 &amp; 3 Assembly - 2pm in School Hall</td>
</tr>
</tbody>
</table>
## CURRENT EXCURSIONS/ACTIVITIES

<table>
<thead>
<tr>
<th>Activity</th>
<th>Year Level</th>
<th>Amount</th>
<th>Reference/Item Code</th>
<th>Payment Due Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>Voluntary Contribution</td>
<td>P-6</td>
<td>$75.00</td>
<td>VC</td>
<td></td>
</tr>
<tr>
<td>Yr 6 Mystery Tour</td>
<td>Yr 6</td>
<td>$36.00</td>
<td>Mystery</td>
<td>18/11/2016</td>
</tr>
<tr>
<td>Yr 6 Wet n Wild</td>
<td>Yr 6</td>
<td>$37.00</td>
<td>Wet n Wild</td>
<td>24/11/2016</td>
</tr>
<tr>
<td>Yr 6 Wet n Wild</td>
<td>Yr 6</td>
<td>$20.00</td>
<td>VIP Wet n Wild</td>
<td>24/11/2016</td>
</tr>
</tbody>
</table>

**2017 - Yr 6 Canberra Camp Deposit**

<table>
<thead>
<tr>
<th>Year Level</th>
<th>Amount</th>
<th>Reference/Item Code</th>
<th>Payment Due Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>Year 5</td>
<td>$250.00</td>
<td>Canb</td>
<td>05/09/2016</td>
</tr>
<tr>
<td>Year 5</td>
<td>$300.00</td>
<td>Canb</td>
<td>07/11/2016</td>
</tr>
<tr>
<td>Year 6</td>
<td>$300.00</td>
<td>Canb</td>
<td>06/02/2017</td>
</tr>
<tr>
<td>Year 6</td>
<td>$250.00</td>
<td>Canb</td>
<td>03/03/2017</td>
</tr>
</tbody>
</table>

*N.B. All due dates will be strictly adhered to. Any monies received after 10.30am on the above dates will not be processed. If there are exceptional circumstances, please contact the Principal. Payments received by BPay or internet banking after the due date will be refunded back to the payee.*

**Payment Times**

8:00am to 10:30am daily

## SCHOOL WIDE POSITIVE BEHAVIOUR FOR LEARNING

Below are the expectations being taught to all our students. We ask that parents reinforce these expectations when in our school grounds.

### Week 7

*Cooperative - End of Break Procedures (Transitioning).*

### Week 8

**Prep - Year 1 - Respectful - Respect the right to teach and learn.**

**Year 2 - Year 3 - Cooperative - Tuckshop and Eating.**

**Year 4 - Year 6 - Respectful - Bullying.**
ASSEMBLY AWARDS

Congratulations to these students who achieved well or who have been excellent citizens.

<table>
<thead>
<tr>
<th>Assembly Awards</th>
</tr>
</thead>
<tbody>
<tr>
<td>PA</td>
</tr>
<tr>
<td>PB</td>
</tr>
<tr>
<td>PC</td>
</tr>
<tr>
<td>PD</td>
</tr>
<tr>
<td>PE</td>
</tr>
<tr>
<td>PF</td>
</tr>
<tr>
<td>1A</td>
</tr>
<tr>
<td>1B</td>
</tr>
<tr>
<td>1C</td>
</tr>
<tr>
<td>1D</td>
</tr>
<tr>
<td>1E</td>
</tr>
<tr>
<td>1F</td>
</tr>
<tr>
<td>1G</td>
</tr>
</tbody>
</table>
UNIFORM SHOP

'School Uniforms are now available through your local Lowes store or Online by clicking the link below'

We are please to announce that Lowes will be having a 20% off Saleday on Thursday 17th of November both in-store and online.
Springfield Lakes
State School
63 Springfield Lakes Boulevard, Springfield Lakes

UNIFORM PRICE LIST

LOWES
www.lowes.com.au
Orion Springfield Central
1 Main st, Springfield Lakes QLD 4300
07 3470 5078

LOWES will pay a commission to the school on every item of school uniform sold in our local store.

Please shop at LOWES, home of

BEARE & LEY
PREMIUM QUALITY SCHOOLWEAR

EXTRA 5% DISCOUNT OFF EVERYTHING YOU PURCHASE WITH YOUR EZY-WAY CREDIT CARD,
OR AN EXTRA 5% REWARD VOUCHER ON ALL YOUR PURCHASES THAT IS SENT TO YOU TWICE A YEAR.
## Girls All Seasons Uniform

<table>
<thead>
<tr>
<th>Item</th>
<th>Color/Style</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pony Tail</td>
<td>Navy/Jade - Grey piping - Emb Logo</td>
<td>From $33.99</td>
</tr>
<tr>
<td>Culottes</td>
<td>Navy/Twill Lined</td>
<td>$33.99</td>
</tr>
<tr>
<td>Bucket Hat</td>
<td>Navy/Jade Trim - Emb Logo</td>
<td>$31.99</td>
</tr>
<tr>
<td>Socks</td>
<td>White Ankle Style</td>
<td>$4.99</td>
</tr>
<tr>
<td>Jacket</td>
<td>H/F Jacket - Navy/Emerald/White</td>
<td>$37.99</td>
</tr>
<tr>
<td>Backpack</td>
<td>Navy with Screenprint</td>
<td>$41.99</td>
</tr>
<tr>
<td>Library Bag</td>
<td>Navy with Screenprint</td>
<td>$11.99</td>
</tr>
<tr>
<td>Tights</td>
<td>Navy - Emerald Style</td>
<td>$13.99</td>
</tr>
<tr>
<td>Jacket</td>
<td>Navy flexi zip front</td>
<td>From $29.99</td>
</tr>
</tbody>
</table>

## Boys All Season Uniform

<table>
<thead>
<tr>
<th>Item</th>
<th>Color/Style</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Panel Polo</td>
<td>Navy/Jade - Grey piping - Emb Logo</td>
<td>From $33.99</td>
</tr>
<tr>
<td>Shorts</td>
<td>Navy Cargo Style</td>
<td>From $19.99</td>
</tr>
<tr>
<td>Shorts</td>
<td>Navy Cargo - P/Y - Lt Reid</td>
<td>$25.99</td>
</tr>
<tr>
<td>Trousers</td>
<td>Navy Cargo Style</td>
<td>From $29.99</td>
</tr>
<tr>
<td>Trousers</td>
<td>Navy Cargo - P/Y - Lt Reid</td>
<td>$27.99</td>
</tr>
<tr>
<td>Bucket Hat</td>
<td>Navy/Jade Trim - Emb Logo</td>
<td>$11.99</td>
</tr>
<tr>
<td>Jacket</td>
<td>H/F Jacket - Navy/Emerald/Teal</td>
<td>$37.99</td>
</tr>
<tr>
<td>Backpack</td>
<td>Navy with Screenprint</td>
<td>$41.99</td>
</tr>
<tr>
<td>Library Bag</td>
<td>Navy with Screenprint</td>
<td>$11.99</td>
</tr>
<tr>
<td>Socks</td>
<td>White Ankle Style</td>
<td>$4.99</td>
</tr>
<tr>
<td>Jacket</td>
<td>Navy flexi zip front</td>
<td>From $28.99</td>
</tr>
</tbody>
</table>

## Pre Primary Uniform

<table>
<thead>
<tr>
<th>Item</th>
<th>Color/Style</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Legionaire Cap</td>
<td>Navy - Emb Logo</td>
<td>$10.99</td>
</tr>
</tbody>
</table>

All prices are subject to alteration.

---

**SPRINGFIELD LAKES STATE SCHOOL**

**SCHOOL & SPORTS SHOE GUIDE 2017**

**$5 VOUCHER**

Present this voucher when purchasing a pair of shoes at The Athlete's Foot and $5 will be donated to SPRINGFIELD LAKES STATE SCHOOL.

**APPROVED SCHOOL SHOES**

- **Clarks**: Several styles available.
- **The Athlete's Foot School Rewards Program**: Available at SPRINGFIELD SHOES CENTRAL. Contact: 513.373.1515. neate@theathletesfoot.com.au
$5 FROM EVERY PAIR OF SHOES PURCHASED IS DONATED BACK TO YOUR SCHOOL

Every time you purchase any pair of shoes from The Athlete’s Foot, $5 will be donated back to YOUR school. This applies to the whole family and across our entire footwear range, including school, athletic, work and casual shoes. There are no restrictions and it’s unlimited. So spread the word!

APPROVED SCHOOL SHOES

FINDINGS FACTS

- The average person will walk 186,000km in a lifetime. That’s 4 times around the earth!
- As The Athlete’s Foot, FITZPP™ is the world’s most comprehensive fit analysis tool.
- When you run, your feet absorb 3-4 times your own body weight.
- With The Athlete’s Foot highly trained PT Technicians, getting the right FIT is easy through our range of multiple-width options.

*Data from The Athlete’s Foot, final consumer research, www.theathletesfoot.com.au for more info.
**FITZPP™ is registered trademark of The Athlete’s Foot. © 2013.
New GLUTEN FREE MENU AVAILABLE at the tuckshop.

BIRTHDAY CAKES ARE NOW AVAILABLE TO PURCHASE THROUGH TUCKSHOP.
Speechie News!

Behaviour and Language

How can language difficulties effect my child’s behaviour?

It is estimated that between 40-70% of children who present with behavioural, emotional and social difficulties also have language difficulties (understanding what others say and expressing themselves). Language difficulties can lead to an increase in frustration when they can’t explain what went wrong, or how they are feeling. When your child doesn’t understand an instruction, or behavioural expectation you have, it can seem like they are misbehaving. For example, if you ask them to do something that has too many steps for them to understand and remember, it may seem like they have disobeyed you.

Language and behaviour difficulties can lead to children missing out on classroom learning, and later academic disengagement because they get further behind. Children with language difficulties may also experience difficulties making and maintaining friendships. When communication breakdowns occur (unable to verbalise or problem solve what to do), this may further result in them physically lashing out.

What can I do as a parent?

Changing our language and the way we interact with our children can lead to a more loving, positive, supportive and stress free home environment (for both parents and children!). We can change the way we manage behaviour, emotions and give instructions by simplifying the way we say things, how we say things, and by supporting our children’s ability to recognise their own emotions and solve problems. More specifically, we can:

1. Praise!
   - Praise good behaviour. Tell them what behaviours they are doing well, and they will be more likely to repeat that good behaviour.
   - Praise when they follow through with what you asked.
   - Praise them when they appropriately express their feelings.
2. **Set clear, positive expectations!**
   - Set clear behaviour expectations (ground rules) very simply and clearly to make sure they understand.
   - Make sure the rule is age appropriate (they can understand what you are asking).
   - Phrase it positively where possible eg. “We keep our hands to ourselves” rather than “Don’t hit anyone”. This tells them exactly what they need to do in a certain situation, rather than what not to do.
   - If they break a rule, make sure they understand/remember the rule. Remind them if not. Praise them if they follow through with the rule.
   - Make sure consequences are clearly explained and understood.
   - Change your tone of voice and length of directions! When your child is doing something wrong, don’t yell. Instead, use a calm, firm voice, with short, clear instructions.
   - Saying their name and gaining eye contact will ensure they are listening to you.

3. **Encourage positive thinking, problem solving and self-development!**
   - If your child asks you a question, help them find their own answer by using prompting questions. “So what could you do?” “You could .... Or .... What do you think would be best?”
   - Make sure there is plenty to do to keep little minds active. The busier they are, the less likely they will become bored and misbehave.
   - Model positive thinking, politeness and consideration. If we think and speak positively, your child will too. Too much negativity will have an impact on your child.

4. **Make sure they feel valued and loved!**
   - Encourage your child to see their accomplishments and express their ideas, thoughts, opinions and hopes.
   - Provide opportunities to talk and express themselves, and to be listened to.
   - Rephrase what they tell you. This shows you are listening and understand them. If there is a breakdown in understanding, your child then has an opportunity to repair this.
   - You can then ask them questions and learn more about them. They will feel very valued and open up more.
5. Teach them the language they need!

- Help your child problem solve what to do when they are feeling a certain way. Eg. Role play. “When your brother is annoying you, this is what you can say/do”. State the problem clearly, then help them come up with possible solutions and a plan.
- Talk about feelings. Help them to recognise their own emotions and what might make them happy, sad or angry (triggers). Make sure you choose an appropriate time to do this. When they are very upset or having a tantrum, they are unable to process and remember what you say. Wait for them to be calm again.
- Read story books!!! Discuss characters emotions and what lead to them feeling that way. How did they solve their problems to feel better again? This is a great, indirect way of discussing the feelings and building their vocabulary for identifying feelings.
- Can they recognise feelings in others? “How do you think daddy is feeling now?” “Why do you think that?”
- Model your thinking, coping skills and problem solving out loud (not too excessively, we don’t want to place our stress on the child). This will teach them how to work through similar problems in the future.

I need more support in this! What can I do?

- Attend the Triple P Parenting program. Now available for FREE at Springfield Lakes SS. Next session running Wednesday 16th November. Contact haydenb@chappy.org.au if you would like to attend. These sessions will also run in 2017. I highly recommend!!!
- Find more information online, or in the ‘The Language of Emotions’ edition of ‘Speechie News’ available at this link: https://springfieldlakess.eq.edu.au/Calendarandnews/Newsletters/Newsletters/newsletter-2015-08-06.pdf

Information provided by Tara Brown,
Department of Education & Training | Speech-Language Pathologist
Contact me! Email: tbrow542@eq.edu.au | Ph: 3437 9888

YMCA
Springfield Lakes
OSHC
P: 07 3818 3741
F: 07 3288 3162
M: 0437 823 073
asf@ymca.org.au

YMCA SPRINGFIELD LAKES OSHC
BEFORE, AFTER & VACATION CARE.

Fantastic News:

You can now book in from your phone just download the free My Family lounge app, select days and book. No more phone calls or emails. It will be a lot easier to book your child in for BSC or ASC & mark them absent.

Get it on Google Play – Available on the App Store.

The children have been doing some fabulous craft relating to the following themes. United Nations Day, Day for Daniel and Halloween. Come and visit our service to see the art work displayed on the walls.

Only five weeks till the Christmas holidays, we have some exciting excursions and incursions organised, program will be available in a couple of weeks. Book in early as places fill up fast.

Have you been on to the YMCA Brisbane OSHC Facebook page? There is plenty to see from our service here at Springfield Lakes, as well as our many other YMCA services around Brisbane.

https://www.facebook.com/YMCA-Brisbane-Outside-School-Hours-Care-740250386008243/timeline/

Happy viewing!

Karen Kelso Coordinator and the Team

YMCA Springfield Lakes OSHC
RENEW is an international organisation that brings personal growth and transformation into the classroom. RENEW workshops provide young people with the social and emotional skills they need to overcome their limiting beliefs and start living in their greatness. They get to see their genius come to life, as they create projects to address issues threatening their communities. Since 2013, RENEW has reached more than 1,000 students in Tanzania, and have recently brought their transformational leadership program to the US and have already reached more than 100 students in Arizona.

RENEW is coming to Australia and offering a special workshop at Springfield Lakes Community Centre for youth from class 7 – 12. This experiential workshop is limited to 30 students, so if you would like to reserve a spot for your child, please contact:

Amy Louise Cash
amy_louise85@hotmail.com
0413929489

The program will be running from Monday 12 December to Wednesday 14 December in the Community Centre from 11 am to 4 pm daily.
Our Transformational Leadership program takes participants through four phases and explores the following topics:

**DISCOVERY**
- Awareness through Reflection: Understanding how your past determines your present
- Resetting for Success: Breaking down and replacing limiting beliefs
- Visualizing your Future: Crafting a vision for yourself and your community

**GROWTH**
- Transform your Thinking: Developing and using emotional intelligence
- Communicating with Compassion: Bringing empathy into the conversation
- Building your Dream: Goal setting and essential practices for success

**TRANSFORMATION**
- Investing in Yourself: Creating strategies for personal success
- Living with Purpose: Acting on your dreams and working with passion
- Unleash your Potential: Building your capacity to lead with vision

**ACTION**
- Developing Communities from Within: Building confidence through service-learning
- Bridging Culture with Empathy: Working as one across boundaries
- Collaborating for Change: Strategic approaches for collective impact
Would you like to be a Host Family to an AFS exchange student arriving in February?

Are you ready to get an unforgettable experience, get to know another culture, make a lifetime friendship by adding a new member to your family from different country?

If your answer is YES, then log on to our website www.afs.org.au/host and get to know our amazing students arriving in February.

We have students from a variety of different countries eagerly awaiting any kind of information regarding their future host families who will host them here in Australia for the length of their program.

If you believe you can be such host family for 5 or 11 months, then please contact the Hosting Coordinator at the AFS National Office: on 1300 131 736.