MESSAGE FROM THE PRINCIPAL

Dear Parents and Carers

Apology

In the last newsletter I advised who were members of the school’s Parents and Citizens Association. I incorrectly advised the wrong name of the vice president. The Vice President of your P&C is Kellee Schoch. I apologise for this error.

School Leaders

I would like to thank all the girls and boys who nominated for the positions of school leaders from Years 6 & 7. Putting yourself forward as a leader is not an easy thing and it brings with it responsibilities and high expectations from the other children, along with the staff and wider community.

I am pleased to announce the school’s leaders for 2014 are:

<table>
<thead>
<tr>
<th>School Captain</th>
<th>Yr 7</th>
<th>Anthony L</th>
</tr>
</thead>
<tbody>
<tr>
<td>School Captain</td>
<td>Yr 7</td>
<td>Mykah N</td>
</tr>
<tr>
<td>School Vice Captain</td>
<td>Yr 7</td>
<td>Adam R</td>
</tr>
<tr>
<td>School Vice Captain</td>
<td>Yr 7</td>
<td>Kuini L</td>
</tr>
<tr>
<td>School Captain</td>
<td>Yr 6</td>
<td>Cameron B</td>
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<tr>
<td>School Captain</td>
<td>Yr 6</td>
<td>Zoe S</td>
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<tr>
<td>School Vice Captain</td>
<td>Yr 6</td>
<td>Jacob A</td>
</tr>
<tr>
<td>School Vice Captain</td>
<td>Yr 6</td>
<td>Sri V</td>
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<tr>
<td>House</td>
<td>Level</td>
<td>Captain</td>
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<td>------------------------</td>
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<td>------------------</td>
</tr>
<tr>
<td>Border House</td>
<td>Yr 7</td>
<td>Sophie B</td>
</tr>
<tr>
<td>Border House</td>
<td>Yr 7</td>
<td>Lytrell L</td>
</tr>
<tr>
<td>Border House</td>
<td>Yr 6</td>
<td>Bailey P</td>
</tr>
<tr>
<td>Border House</td>
<td>Yr 6</td>
<td>Dustyn H</td>
</tr>
<tr>
<td>Freeman House</td>
<td>Yr 7</td>
<td>Anderson S</td>
</tr>
<tr>
<td>Freeman House</td>
<td>Yr 7</td>
<td>Brianna K</td>
</tr>
<tr>
<td>Freeman House</td>
<td>Yr 6</td>
<td>Keynan T</td>
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<tr>
<td>Freeman House</td>
<td>Yr 6</td>
<td>Tayla T</td>
</tr>
<tr>
<td>Jones House</td>
<td>Yr 7</td>
<td>Lamese F</td>
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<tr>
<td>Jones House</td>
<td>Yr 7</td>
<td>Precious E</td>
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<td>Jones House</td>
<td>Yr 6</td>
<td>Harrison B-T</td>
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<tr>
<td>Jones House</td>
<td>Yr 6</td>
<td>Chloe A</td>
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<tr>
<td>Langer House</td>
<td>Yr 7</td>
<td>Kyle M</td>
</tr>
<tr>
<td>Langer House</td>
<td>Yr 7</td>
<td>Bella C</td>
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<tr>
<td>Langer House</td>
<td>Yr 6</td>
<td>Josiah S</td>
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<tr>
<td>Langer House</td>
<td>Yr 6</td>
<td>Annalia M-M</td>
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<tr>
<td>Music</td>
<td>Yr 7</td>
<td>Precious E</td>
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<tr>
<td>Music</td>
<td>Yr 7</td>
<td>Mykah N</td>
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<tr>
<td>Music</td>
<td>Yr 6</td>
<td>Bradley H</td>
</tr>
<tr>
<td>Music</td>
<td>Yr 6</td>
<td>Kisch C</td>
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Springfield Lakes State School Swimming Squad
On the 17th February 2014, a group of Springfield Lakes State School students represented our school at the Central Districts Swimming Competition held at Bundamba.

The children participated in a variety of events, including freestyle, backstroke and breaststroke.

All children performed well on the day and displayed the school values by being cooperative, peaceful and respectful.

A special mention to Chloe Rowe – Hagans who qualified for the Central Districts Team.

The members of the Springfield Lakes State School Swimming Squad:

- Alexander Bremner
- Nicholas Bremner
- Chloe Rowe – Hagans
- Olivia Harding
- Soriah Rowsell
- Piper Schoch
- Sydney Thomson
- Tayla Treliving

Every Day Counts, including Monday and Friday

For some reason the absences from school spike on Mondays and Fridays. The average absences on Tuesdays, Wednesdays and Thursdays is 42 children. However, that jumps to an average 69 children absent on Mondays and Fridays. Last Monday, a rainy morning there were 82 children absent from school. To obtain the maximum learning outcomes it is important that we all make every day count. Please don’t forget to advise the school of the reason for your child’s absence.

Daniel Morcombe Curriculum

Following the disappearance of Daniel Morcombe his parents established the Daniel Morcombe Foundation. We were fortunate to have a visit from Bruce and Denise Morcombe at Springfield Lakes State School. Child safety is covered each year for all year levels across the curriculum. The link below is to a YouTube video for parents featuring Bruce and Denise Morcombe. [http://www.youtube.com/watch?v=S7rCc3rfjCk](http://www.youtube.com/watch?v=S7rCc3rfjCk)

I encourage you to take 10 minutes to view it and to discuss child safety with your children.

Active Kids are Happy Kids

You can help make a difference. As part of the Healthy Active School Travel Program an evaluation will be undertaken, you can participate by completing a quick survey online about how you travel to school.

[https://www.surveymonkey.com/s/CNSMG86](https://www.surveymonkey.com/s/CNSMG86)
Your responses will help make our school travel planning more successful. We estimate the survey will take 10 minutes to complete and all answers are confidential. Thank you for your help.

HAST Program

The Healthy Active School Travel (HAST) Program is Ipswich City Council’s travel behaviour change program that aims to reduce traffic congestion around schools during peak periods.

HAST is a fun, hands-on, school community focused project encouraging students and their families to be more physically active by driving less and choosing to walk, cycle and catch public transport.

ACTIVE TRAVEL to School Days

Help us reduce traffic congestion and improve student safety around our school gates by joining our first WALK AND WHEEL WEDNESDAY. It will be held on Wednesday 19 March 2014 to coincide with the National Ride to School Day. The students will depart from Olive Springs Park at 8am and walk or wheel as a group to the school and discuss road safety along the way.

You are invited to walk, cycle or use public transport with your children. If you live too far away to walk or cycle the entire journey to school, the ‘Park, Walk or Ride Map’ will show you how you can join in. It’s a fun initiative that everyone can be a part of and to celebrate the launch a coffee van will be onsite for the parents at Olive Springs Park from 7.45am and there will also be a healthy breakfast available for the students when they arrive at school. It is anticipated that after the launch, students will continue to meet as a group at the park and walk or wheel to school together.

INVITATION TO TAKE PART IN A STUDY ABOUT THE 2011 FLOODS
Floods in Queensland 2011 and how were people from non-English speaking background, or culturally diverse or from refugee background impacted prior, during, and to date?

While most Queenslanders are all too aware of the impact natural disasters can have on their lives and the community, two new research projects are being carried out at the University of Queensland's School of Social Science. The research projects aim to investigate the specific impact disasters such as floods have on newly arrived immigrants from diverse, ethnic or non-English speaking and refugee backgrounds.

The aim of the first research project is to capture the stories of these people showing their strengths and the challenges they face, and the contribution they make in our society before, during and after disaster (http://www.youtube.com/watch?v=5bNeUQAzFAY).

This study will also contribute to The Australian Community Capacity Study (ACCS), a longitudinal study of community processes funded by the Australian Research Council. The second study aims to investigate refugee women’s understanding of community, their perspectives regarding community relations, and the significance of these relations in times of disaster, specifically during the 2011 Queensland floods.

We are interested to hear the stories from people from culturally and linguistically diverse, ethnic or non-English speaking and refugee backgrounds who arrived less than five years before the floods, and were either impacted by the floods themselves or have helped others during or after, and how this has influenced their lives to date.

Ms Baumer and Ms LaPlace are inviting anyone that fits the above criteria and are willing to share their experiences for an interview that will take approximately 30 min at a place and time at the participants’ convenience. Refreshments will be provided.

Please contact either:

Martina Baumer (PhD Candidate)  Danielle LaPLace

uqmbaume@uq.edu.au  dtlaplace@gmail.com

Kindest Regards

Peter Doyle
Principal

CURRICULUM NEWS

COMMUNITY CURRICULUM FORUM

Parents – would you like to hear more about the exciting things that are happening in curriculum at our school and have the opportunity to provide feedback?

Interested parents are invited to attend the school’s Community Curriculum Forum, where school community stakeholders meet every term to celebrate and provide feedback on key curriculum initiatives. Membership of the CCF is comprised of the school’s administration team, curriculum coaches, teacher representatives and parent representatives. However, any interested parents and teachers are most welcome to attend.

When: 3.00pm, Monday 24 March 2014

Where: Staff room, Springfield Lakes SS
RSVP: By Friday 21 March 2014, Wendy Davis, Head of Curriculum, wdavi13@eq.edu.au

We look forward to seeing you there!

**Parent Helper Program**

Parents, it is not too late to join the Parent Helper Program! Our second session, with a focus on supporting reading in the classroom, takes place next Wednesday 18 March from 1.45-2.45pm in the staff room.

It is a school expectation that all parent helpers attend the induction. So, if you are already helping out in a classroom, please email me on wdavi13@eq.edu.au to confirm your availability and join our wonderful band of volunteers. See you then.

*Kindest Regards*

Wendy Davis

Head of Curriculum

**DEPUTY PRINCIPAL NEWS**

**Harmony Day**

Harmony Day, 21 March, is a day of cultural respect for everyone who calls Australia home – from the traditional owners of this land to those who have come from many countries around the world. By participating in Harmony Day activities, we can learn and understand how all Australians from diverse backgrounds equally belong to this nation and enrich it.

*At Springfield Lakes State School we are celebrating Harmony Day on Friday March 21.* Each class will view two performances and a letter has been sent home with a request for payment of $11 to cover the cost of this. I’d like to issue a gentle reminder **that final payment is to be in by Wednesday, March 19.** Children who haven’t paid by then will unfortunately miss out on the performances.

Teachers are also planning various activities for their year level in addition to the two performances. A tear–off slip (to return to class teachers) was included with the letter for parents who may be able to help or run a cultural activity with classes,

Education is a key focus for Harmony Day. It is in the schoolyard and classroom, child-care centre and kindergarten that children have, and will learn, important lessons of respect and understanding of cultural diversity.

*Kindest Regards*

*Alexis Hay*

*Deputy Principal*

**WORK PLACE HEALTH AND SAFETY NEWS**

**SAFE PRACTICES AT SCHOOL**
As I walk around the school it is very concerning to see the large number of parents using the Port Racks for seating. The racks are made out of MDF and are designed to have a limited weight bearing capacity so if any weight exceeds this limit personal injury may result.

I appreciate that you are keen to see your children at school. However 25 parents gathered outside a classroom can be noisy and disruptive for the class. I ask all parents waiting for children to access the seating available in the respective year level undercover areas.

**ANAPHYLAXIS**

Anaphylaxis, or Anaphylactic shock, is the most serious allergic reaction and can cause death without prompt medical attention. An allergen is a substance which can cause an allergic reaction and the most common allergen or ‘trigger’ is food.

At Springfield Lakes State School, triggers for some of our students are ‘eggs, dairy and nuts.’ While most of our students are aware of their condition and are able to follow their management plans, some of our little one’s are still learning what the tingling lips and tongue or the swollen areas of their body and restricted breathing mean. Because of this, we ask the community to please teach your children about the importance of washing their hands before and after handling food. To not touch others while they are eating or while there still may be traces of allergens on their hands, face or body as well as not putting things in their mouths that may be shared among others in their classrooms. E.g., pens, pencils etc, as even very small traces of allergens can be enough to trigger an attack.

An attack usually happens within minutes. The average is between 5 - 20 minutes after being exposed to an allergen. Symptoms may be mild at first, but tend to get worse rapidly. **The most important management strategy for our students** is to keep away from all known triggers and this can only happen if we all work together to keep the children safe in YOUR school.

If you have any concerns about the health of your child/ren please call us on: 3437 9888

*Kindest Regards*

*Dell Mckenzie*

*Work Place Health and Safety Officer*

**SCHOOL BANKING**

The Commonwealth Bank School Banking Program is at Springfield Lakes SS.

**SCHOOL BANKING IS EVERY WEDNESDAY!**

**JUST DROP YOUR YELLOW BANKING WALLET INTO THE UNIFORM SHOP BEFORE SCHOOL!**

This is a great fundraiser for our school. We receive $5 for every child, $5 for every Activated Account via the School Banking program (i.e. for each student who banks through the school’s program for the very first
time) and 5% of every deposit made at school (up to a maximum of $10 commission per individual deposit).


2014 BOOKLIST

*Click the image below to view full information*

![Image](image.png)

**Click** to order your booklist and use password: **4SFLSSBTS**
FROM THE ADMINISTRATION OFFICE

OFFICE HOURS

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
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<tbody>
<tr>
<td>Monday</td>
<td>8.00 - 4.00</td>
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<tr>
<td>Tuesday</td>
<td>8.00 - 4.00</td>
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<tr>
<td>Wednesday</td>
<td>8.00 - 4.00</td>
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<tr>
<td>Thursday</td>
<td>7.30 - 3.30</td>
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<tr>
<td>Friday</td>
<td>8.00 - 4.00</td>
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</table>

STUDENT ABSENCE LINE

Parents are requested to call the Student Absence Line on 3437 9860 to advise the school if your child/ren will be absent.

STUDENT PERSONAL DETAILS

We are reminding parents to ensure that all contact details are up to date. We have had a number of incidents of late where we have needed to contact parents due to accident or illness and the phone numbers that we have on file are incorrect or have been disconnected.

MESSAGES TO STUDENTS

We are receiving an increasing number of messages to pass on to students in relation to end of day arrangements/pickup. It becomes extremely difficult to pass these messages on to students when we receive calls from parents minutes before the bell. We ask families to please make arrangements before leaving in the morning.

MOBILE PHONES
Bringing mobile phones to school is not encouraged by the school because of the potential for theft and
general distraction and/or disruption associated with them. However, we understand that on occasions
parents require their children to have a mobile phone. This is to be logged into the office on arrival at
school, with the mobile phone register being signed. Children collect their phones and sign them out in the
afternoon.

PEANUT AND OTHER NUT ALLERGIES

Parents are requested not to provide lunches or snacks containing nut products for children attending
Springfield Lakes State School. This is to protect the significant number of students who have anaphylactic
allergies to even traces of peanuts and other nuts. Some of these students are so allergic that even a minute
amount of peanut butter or Nutella could cause an anaphylactic reaction. Please do not send Nutella, peanut
butter sandwiches or other snack products to school that could put other students at risk.

Thank you for helping us keep all of our students safe.

WHEN PACKING LUNCHES FOR OUR CHILDREN PLEASE KEEP IN MIND
CONVENIENCE IS NOT ALWAYS THE BEST SOLUTION.

The small cans of spaghetti or fruit with the pull ring lids are a very convenient solution for a meal but have
also caused nasty accidents for little fingers. Please be mindful of this and perhaps take the time to open and
pour the contents into a small plastic container.

MR DOYLE LIKES DOGS

While Mr Doyle likes dogs not all dogs like each other.

Please do not bring your dog to school as some dogs bite and some dogs like to fight.

COMING EVENTS

<table>
<thead>
<tr>
<th></th>
<th>Mar</th>
<th>13th</th>
<th>Prep - Year 1 Assembly at 2.00pm in Hall</th>
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<tbody>
<tr>
<td></td>
<td>14th</td>
<td></td>
<td>Friday Sports Yr 4 -7</td>
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<td></td>
<td>20th</td>
<td></td>
<td>Year 2 - 3 Assembly at 2.00pm in Hall</td>
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<td></td>
<td>21st</td>
<td></td>
<td>Harmony Day</td>
</tr>
<tr>
<td>Date</td>
<td>Event Details</td>
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<td>24th</td>
<td>Student Investiture 2pm in Hall</td>
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<tr>
<td>24th</td>
<td>Year 4 - 7 Assembly at 2.15pm in Hall</td>
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<tr>
<td>25th</td>
<td>P &amp; C Meeting - 7pm Admin Office Staff Room</td>
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<tr>
<td>27th</td>
<td>Prep - Year 1 Assembly at 2.00pm in Hall</td>
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<tr>
<td>28th</td>
<td>Yr 4-7 Cross Country</td>
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<tr>
<td>Apr 03rd</td>
<td>Year 2 - 3 Assembly at 2.00pm in Hall</td>
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<td>04th</td>
<td>Walkathon Yr 1-3</td>
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<td>04th</td>
<td>Last day of term 1</td>
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<tr>
<td>22nd</td>
<td>P &amp; C Meeting 7.00pm Admin Office Staff Room</td>
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<tr>
<td>23rd</td>
<td>Anzac Day Ceremony at 9.00am in Hall</td>
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<tr>
<td>May 13th</td>
<td>NAPLAN Tests</td>
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<tr>
<td>14th</td>
<td>NAPLAN Tests</td>
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<tr>
<td>15th</td>
<td>NAPLAN Tests</td>
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<tr>
<td>19</td>
<td>NAPLAN Catch up Day</td>
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</tbody>
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CURRENT EXCURSIONS/ACTIVITIES

<table>
<thead>
<tr>
<th>Activity</th>
<th>Year Level</th>
<th>Amount</th>
<th>Reference/Item Code</th>
<th>* Due Date</th>
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</thead>
<tbody>
<tr>
<td>Voluntary Contribution</td>
<td>Prep - Yr 7</td>
<td>$75.00</td>
<td>VC</td>
<td></td>
</tr>
<tr>
<td>Harmony Day</td>
<td>Prep - Yr 7</td>
<td>$11.00</td>
<td>HARMONY</td>
<td>19/03/2014</td>
</tr>
</tbody>
</table>

* N.B. All due dates will be strictly adhered to. Any monies received after 10.30am on the above dates will not be processed. If there are exceptional circumstances, please contact the Principal. Payments received by BPay or internet banking after the due date will be refunded back to the payee.

Payment Times

8:00am to 10:30am daily

Payment Methods

- BPay – details on invoice - **minimum $10.00 transaction**
- Internet Banking – ensure Student name AND Reference/Item Code are included.
- Phone – credit card only. Call the school on 34379888 daily prior to 10:30am
- EFTPOS – **minimum $10.00 transaction**
- Credit Card - details on form provided with excursion – **minimum $10.00 transaction**

SCHOOL WIDE POSITIVE BEHAVIOUR
SWPBS - School Wide Positive Behaviour Support

Below are the expectations being taught to all our students. We ask that parents reinforce these expectations when in our school grounds.

Week 7 - Whole School Focus

Whole School Focus - Respectful - Care for the environment and pick up rubbish.

Week 8 - Year Level Focus

Prep - Cooperative - Recognise need for calm down time.

Year One - Peaceful - Be resilient.

Year Two - Respectful - Bullies and Bystanders.

Year Three - Respectful - Bullies and Bystanders.

Year Four - Respectful - Apologise to others if you bump into them.
Year Five - Cooperative - Keep to the left of the path and walk safely.

Year Six - Cooperative - Follow the instructions of every member of staff.

Year Seven - Peaceful - Use a voice appropriate to the task.

ASSEMBLY AWARDS

Congratulations to these students who achieved well or who have been excellent citizens.

**Junior Assembly**

|   | PA  | PB  | PC  | PD  | 1A  | 1B  | 1C  | 1D  | 1E  | 1F  | 1G  | 4A  | 4B  | 4C  | 4D  | 4E  | 5A  | 5B  | 5C  | 5D  | 5E  | 6A  | 6B |
|---|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
UNIFORM SHOP

UNIFORM SHOP OPENING TIMES  TERM 1-2014

MONDAY 8.15am – 9.45am

WEDNESDAY 8.15am - 9.45am

THURSDAY 2.00pm – 3.00pm

CLOSED TUESDAY and FRIDAY

Our schools uniform shop is now available on-line just click on the link available on school website. All orders will be delivered to your child's classroom.

Click here for the NEW uniform shop Order Form.

Uniforms also available for purchase on line, click on the link on the school website. All orders are delivered direct to child/ren's classroom.

Payment and Collections Options:

In person: At uniform shop when opening times apply; pay by cash, credit or debit cards cards and cheque.

By telephone: Call 3437 9888 (request uniform shop) during uniform shop opening hours. Payment options include credit card or debit card only NO CASH. Your order will be processed the next available uniform shop working day and delivered to your child’s class.

By fax: 34379800 Order forms can be collected via office, school website or uniform shop. Payment options include credit or debit cards only, NO CASH. Your order will be processed the next available uniform shop working day and delivered to your child’s class; uncompleted credit or debit card details will result in non-delivery of uniform.

By Administration Office: Complete order forms are to be handed in to administration office. Payment options include credit or debit card only, NO CASH. Your order will be processed the next available uniform
shop working day and delivered to your child’s class; uncompleted credit or debit card details will result in non-delivery of uniform.

TUCKSHOP NEWS

Lucky Winner of the "Win a Lunch" for this week is Dakoda F-L from 3A. To go in the draw all you have to do is order Tuckshop on-line. Lunch prize is to the value of $7.50

CAN YOU VOLUNTEER HALF AN HOUR OF YOUR TIME AT THE TUCKSHOP?

Regular volunteers are required in the tuckshop to help with counter service for half an hour at lunch time from 11:15 - 11:45am each day.

The whole school have the same lunch breaks now so this means an increased volume of children lining up at break time and volunteers are needed to help serve this many children.

If you are able to commit to a regular volunteer roster along with other parent volunteers please see Sandra in the tuckshop and advise her of your availability. Any help is greatly appreciated.

In terms of productivity, less stopping during the day to serve at the different breaks means that there are longer blocks of time during the day for baking and preparation in between counter service times.

Volunteers are going to be needed to come in on a 30 min roster to help serve at this time.

New GLUTEN FREE MENU AVAILABLE at the tuckshop

Click on the image below to view information.
P&C Cross-Country & Walkathon Fundraiser

On the 28th March our school will be participating in the Yrs 4-7 X-Country which is a major fundraiser for the P&C. We ask for your support by seeking donations. By raising $10 or more you will receive a fantastic prize. The more donations you receive the more prizes you can choose. There are over 70 prizes on offer with quality, well-known brands such as Sony, iPod Shuffles, Razor, Nerf, Wahu and much, much more. You can ask your parents, relatives, family friends or even a next door neighbour to sponsor you. We do not recommend seeking donations door to door. You must have adult supervision at all times.
The reason why our school is participating in this fundraiser is because we need to raise money so that we can have Chappy Hayden in our school. This means we need to raise at least $11,000. Just for participating in the fundraiser each student will receive a participation certificate. Also, each family who raises $10 or more will go into the draw to win a 2 night holiday at Sea World Resort for 2 adults and 2 children.

All money raised is due on the following dates:

Year 4-7 – Monday 24th March 2014
Prep-Yr 3 – Monday 31st March 2014

Thanks for your support

_Danielle Fajzullin_

_P.E. Teacher_

**BOOK FAIR**

We will be holding our annual Book Fair in the Library again with a few minor changes. This year we will set up in the Library and not the annexe. This way students (and parents) can browse in air-conditioned comfort with more room to move around. The books will arrive sometime on Wednesday the 19th March so I am hoping to set the display up before school ends so parents can come along in the afternoon and have a look at what’s on offer this year. Parents can write a Wish List and take it home to purchase the books online. Return the Wish List to school with the receipt number and you can receive your books right away.

From Thursday 20th March students will attend the Book Fair during their normal library time. They can either bring cash or take their wish list home for parents to pay online, collecting the books the next day. Parents can also purchase through EFTPOS. There will also be posters, pencils, erasers, etc. available for purchase too.

This year we will be giving a raffle ticket to every student (or parent) who makes a purchase and they will be in the running for a voucher worth $10. There will be one voucher available for each year level.

Thanks,

_Wendy Coates_

_Teacher/Librarian_

**COMMUNITY NEWS**
YMCA IS A NOT FOR PROFIT ORGANISATION

YMCA SPRINGFIELD LAKES OSHC

BEFORE, AFTER & VACATION CARE.

IMPORTANT MESSAGE FROM

THE CO ORDINATOR.

We are licenced to care for 150 children in before and after school care and we have plenty of places available. We can cater for parents who work casually or to a roster. All you have to do is phone and make an appointment. We have our own building which is next to the tennis courts. Come and visit our premises and meet our friendly staff.

We are running two weekly sessions of the Government-funded Active After School Communities. Monday is basket ball and Thursday is hockey. To join in the fun you just need to be enrolled in our services.

The April School holidays are only a couple of weeks away and we have a fun filled program on offer. Bookings forms are out and are available on the YMCA Web Site. There will be two excursions - one for the younger grades to Ten Pin Bowling at Richlands and the older grades are going to the new Trampoline Centre at Redbank.

Remember when you believed in anything and everything?

Researchers from the University of Western Australia are investigating children’s ability to detect and avoid potentially harmful social interactions, such as being easily fooled or tricked into doing something. We are looking to see how this develops in children, and when children outgrow this vulnerability.
We are looking for parents of **Kindergarten – Year 6 children** across Australia to complete an online survey (15 – 20 minutes). Participants will go into a draw to win one of 10 $50 gift certificates to Coles/Myers. To participate go to:

[http://tinyurl.com/childsvq](http://tinyurl.com/childsvq)

Or for more information please contact Rebecca Seward at (08) 6488 4652
Oral Health Services

The West Moreton School Oral Health Service (Dental Van) is currently visiting SPRINGFIELD LAKES STATE SCHOOL. The School Oral Health Service offers free, a complete course of dental care to all students whilst the van is visiting the school.

An Intent to Attend Form has now been issued to all students in years 5 & 7. (other classes will be offered in 2014). This initial form gathers information for all siblings attending the school so that they may be seen together.

Please read the form carefully as there are changes to the way services are now offered.

A PARENT/GUARDIAN MUST attend and collect and return students to and from their appointments unless otherwise arranged with dental staff.

As our time at each school is limited please notify the staff as soon as possible if an appointment is unsuitable so that it may be rescheduled. If an appointment is missed, further treatment will not be offered unless contact is made by student or parent/guardian.

Operating hours of the dental facility are:
Mon, Tues, Wed, Thurs 7.30 am to 4.30pm.

For general enquiries contact 1300 763 246.
HOST FAMILIES NEEDED IN JUNE 2014
EXPERIENCE ANOTHER CULTURE, MAKE NEW FRIENDS
IMPROVE YOUR LANGUAGE STUDIES AT HOME
In June we will be receiving exchange students from Europe, Japan, the USA & Latin America. Our new arrivals will live with a host family and attend a local school for 2 or 10 months. As we plan for their arrival, we are looking for host families across Australia to welcome these students into their home.

Hosting is an experience that is often referred to as a way to 'reignite your passion for your country', whilst at the same time creating bonds and sharing lifelong memories. Attached is a notice for your newsletter in a PDF format. We would appreciate if you could please download this for your newsletter, noticeboard or website.

All students have at least basic levels of English, would attend a school in your local area and live the life of a local. Our group of students cover a wide variety of interests and hobbies. If you would like to provide your students, parents or language teachers with further information on our inbound students you can also view some student profiles on our website. Our staff members will be happy to discuss which student might be best suited to a family.

Hosting an exchange student can be a truly rewarding experience. It allows a family to experience a foreign culture first hand, be exposed to a new language and pass on a bit of our own culture. They might even make a friend for life!

"Hosting Kirstine has brought our family closer together. We’re doing things we used to do when our kids were little, like boiling the billy, having a BBQ and baking apples up the paddock. She’s helped us remember how to have fun when we’re working and take time out for adventures." Sharon, Host Mum

"Being the youngest and the only one left at home I was looking forward to having another teenager in the house. While Charlotte helps me with my French I help her with her English lessons and I have taught her many Aussie words and sayings. We both love to shop and shop and shop..." Grace, Host Sister

Student Exchange Australia New Zealand is a not-for-profit secondary exchange organisation which is registered with education & regulatory authorities in each State and Territory. You can find out more about our organisation by visiting www.studentexchange.org.au.

If you have any questions about hosting an exchange student or would like to view profiles of students arriving from other countries, you can either respond to this email or call our office on 1300 135 331.

Thank you in advance for your assistance.

Yours sincerely,

Sandra Harders
Hosting Coordinator
TAKE HOME A BIG BROTHER OR BIG SISTER

Give your children the wonderful opportunity to have an international big brother or big sister by hosting one of our exceptional international students arriving in Australia in July 2014 for their 3, 5 or 10 month programs. Our international students from France, Spain, Germany, Italy, Finland, Norway and Denmark will live as a local, attend a local secondary school, arrive with their own spending money and comprehensive insurance cover – all arranged by Southern Cross Cultural Exchange. Visit us at www.scce.com.au, email scceaustralia@scce.com.au or call us toll free on 1800 500 501, request our international student profiles, and capture the spirit of family and friendship!
Thanks and Kind Regards

Genevieve Eyre

Program Coordinator

Southern Cross Cultural Exchange

Tel: (03) 9775 4711

Toll-free: 1-800-500-501

Email: liaison@scce.com.au
Would you like your family to live a healthier lifestyle?

Researchers at the University of Queensland are currently offering a **FREE** Triple P parenting program to parents of children 3 to 10 years in exchange for participation in research.

Across three seminars you will learn strategies for...

- Managing both general and lifestyle-specific child problem behaviours
- Helping your child eat a healthy balance of nutritious foods
- Motivating your child to be more active
- Limiting screen time

The program is run at St Lucia and Ipswich, with free childcare available for families. To register visit our website: [www.exp.psy.uq.edu.au/life](http://www.exp.psy.uq.edu.au/life)

Jessica Bartlett – Project Coordinator
Email: lifestyletriplep@uq.edu.au
Phone: 0424 321 086 (please leave a message)

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*Triple P* for every parent

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AUSTRALIA
Ambitions to be an aviator?
Seek a career as an aircraft engineer?
Serious eyes for the skies?

Put yourself in the aviation picture with the Australian Air League!!!

The Australian Air League is a youth organisation, for boys and girls from 8 to 18 years, which provides cadets with leadership and life skills while encouraging interest and participation in aviation as a career or hobby.

Activities include:

- Aviation Education
  - Theory of Flight
  - Engineering
  - Gliding & Soaring
  - Meteorology
- Flight Experiences
- Community Service
- Aviation Careers Expo
- Flight Simulators
- Ceremonial Drill
- First Aid
- Camp Craft
- Team Building
- Gliding Camps
- Model Aircraft
- Leadership Training

Join the Australian Air League action!!!

For information about your local Squadron:

SqLn Lt. Chris Chandler
M: 0421 578 641
E: oc.forestlake@airleague.com.au
W: www.airleague.com.au
An exciting new game for children and adults interested in Rugby League and Rugby Union!

This is a version of Touch Footy played on an indoor sports court with innovative rules, which produce a fun, challenging and fast paced game.
Suitable for all standards from beginners to experienced players.

**Fixtures for all ages**

Ideal for children and adults who
- want to get fit and have fun
- wish to try footy for the first time
- are already playing and want to improve their skills

Book in for a **FREE** session! Let us teach you the game.

Then register a team - Children (7-9yrs) 4 players
- Children (10-12yrs) 4 players
- Children (13-15yrs) 4 players
- Adults 5 players

Or enter as an individual and we will place you in a team.

**Indoor Footy – Skillful! Fast! Fun!**

Contact us for your nearest venue
3376 5655
info@indoortfootyaustralia.com.au
indoortfootyaustralia.com.au
Western Spirit Football Club still has some vacancies across most age groups, but in need of one or two more players to fill the following teams:

- Under 9 Girls
- Under 11 Girls
- Under 13 and 15 Boys
- Under 15 Girls

Players of all skills and abilities are invited to join Western Spirit FC in 2014 to pursue their football development in an engaging and positive sporting environment.

Come along and see why so many enjoy playing at Western Spirit FC!

For more information visit www.spiritfc.com.au or contact secretary@spiritfc.com.au
Community Reference Groups

Are you passionate about your community? Join a West Moreton Hospital and Health Service Community Reference Group!

Community Reference Groups will bring the voice of the patient / consumer, carer and the community into the planning, design, delivery and evaluation of healthcare within the West Moreton Hospital and Health Service and we want you to be a part of it.

West Moreton Hospital and Health Service is seeking members of the public who are:
- Interested in health and sharing experiences and views from the community
- Interested in making a difference and who are involved in the community
- Living in the local area
- Aged 16 or over
- Aware of the needs, expectations and health care concerns of the community
- Able to work in a team
- Willing to participate in scheduled Community Reference Group meetings for a 12-month period
- Not currently employed or engaged in the provision of health services.

More information and how to apply
Members of Community Reference Groups will be paid a standard sitting fee per meeting attendance, meetings will take place on a bi-monthly basis for a duration of one to two hours.

Please contact the Coordinator Community Reference Groups or go online to obtain a copy of the Community Reference Group Kit, for more information and to apply for membership.

Contact details
Email: WM-CRG@health.qld.gov.au
Phone: (07) 3413 7862
Mobile: 0428 616 178

Information sessions
If you would like to attend any of the 90-minute information sessions please register with the coordinator or online.

Ipswich
Brisbane Health Plaza Conference Room
10 am, 11 am and 12 noon
Friday 28 February
3 pm, 4 pm and 5 pm
Friday 7 March

Boonah
Boonah Hospital Conference Room
10 am, 11 am and 12 noon
Wednesday 25 February
3 pm, 4 pm and 5 pm
Thursday 5 March

Laidley
Laidley Hospital Conference Room
10 am, 11 am and 12 noon
Thursday 27 February
3 pm, 4 pm and 5 pm
Tuesday 4 March

Gatton
Gatton Aquatic Centre
10 am, 11 am and 12 noon
Wednesday 26 February
3 pm, 4 pm and 5 pm
Wednesday 5 March

Esk
Esk Hospital Conference Room
10 am, 11 am and 12 noon
Monday 24 February
3 pm, 4 pm and 5 pm
Monday 3 March

For more information visit

Ph: 0403 154 510
PO Box 3195
Norman Park, QLD, 4170
info@sportstuition.com.au
School Holiday Survivor Camp (8-13 year olds)

15-17 April 2014

Location: Camp Lake Fire, Maroon Dam

Activities include: Fishing in electric powered boats, canoeing, abseiling, boat tube rides, archery & open fire cooking.


All registrations are through the Events section at www.sportstuition.com.au

For further details, contact Steve Wilkes on 0403154510.

*School Camps – please let me know if you school is interested in one of our school camp programs. Sports Tuition’s camp base is at Camp Lake Fire, however, Sports Tuition is an activity provider for Alexandra Headlands Conference Centre on the Sunshine Coast and Koonjewarre Retreat Centre at Springbrook, so there are a few options.

Thanks again.

Kind regards

Steve Wilkes

PO Box 3195

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• Young Lions (8-10yrs)
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