MESSAGE FROM THE PRINCIPAL

Dear Parents and Carer

My name is Greg Horrigan and I am the new principal at Springfield Lakes State School. I have been a principal for 26 years in various locations around Queensland. I am now into my second week here and each day I learn more about the school, the staff and the students. So far I have learnt that Springfield Lakes State School has a large number of wonderfully well behaved and hard working students. This is a credit to the families of these students and to the dedication of the school staff. I can’t help but notice that this is a very friendly school. Again this is an attribute held by staff, students and the parents I’ve met so far. Thank you all for making me feel so welcome. I am very much looking forward to my time here and being involved in such a dynamic and energetic school and community.

This week we are sending out the link for the Parent/Caregiver component of the School Opinion Survey. I do encourage you to participate in the survey as it gives us a clear indication of how you perceive we as a school are going. The link will be sent out on paper to the eldest in each family. This sheet will have the web page and 2 login codes. This means that each household has their own login. The online survey will be available until 31st July 2015.

Kind Regards
Greg Horrigan
Principal
From the Deputy Principal: Trish Hollands

Year 6 Sydney/Canberra Trip

Final payments due on or before Monday July 27.

On the countdown now, 10th August is just around the corner, looking forward to an exciting trip. Remember to pack your warm clothes.

St Helena Excursion

Last Thursday, the children from 4A, 4B and 4E made their way to St Helena Island to complement their History unit studying convicts and early settlements in Australia. St Helena Island was opened as a quarantine station, operated as a successful prison colony from 1896 and functioned in that manner until 1932. It housed hundreds of society’s outcasts. The inmates saw to the erection of all of the buildings quarried from beach rock mined on the island. The island became self-sufficient and quickly became profitable for the state government winning many awards for animal husbandry.

We arrived on the island after a thirty minute boat ride and sat in the picnic area for morning tea. We all admired the sweeping views of Moreton Bay and the surrounding islands. Our guides split us into two groups and gave us a knowledgeable historical recount of the island and its inhabitants. After a long walk we were taken through the museum, kitchen, warden’s residence, superintendent’s residence, cell blocks, exercise yards, underground tanks, lime kiln, punishment area and cemetery. We saw first hand and heard about the harsh life and
punishments that the prisoners and the wardens had to face. We saw how the cat o nine tails were used to punish prisoners and how the prison doctor would treat the wounds. Our guide’s role played and talked to us about the daily life of the prisoners, the food they ate, the clothes they wore and the sicknesses they succumb to.

After a late lunch, we headed back along the pier to the boat and our journey home. We had a fabulous day learning all about life in a penal settlement. Mrs Barrett and Mrs Wheaton made our day by informing us that we had walked over 12000 steps during our excursion. There were some exhausted children eager to sleep on the bus ride back to school. Next Monday, 27 July, it will be 4C and 4D’s turn to encounter the St Helena Island experience. **Children are requested to be at school by 7.30am in the tuckshop undercover area for an 8.00am departure.**
Second Break
Last week we introduced a change to second break processes. At 1.15pm – 1.35pm children now go straight to play and from 1.35pm – 1.45pm children eat their afternoon snack. This change, along with additional adults on duties during transition times is expected to assist a smoother transition to learning. Significant consultation has taken place over the last six months, behaviour data analysed and processes developed. As with all change there will be a period of teaching, learning and adjustment followed by a review of changes undertaken during late term 3.

Fostering Resilience
10 phrases you hear in resilient families: Are you using them?

Michael Grose explains how children and adults in resilient families tune into each other's needs, choosing situation-specific language, rather than simply regurgitating generalised ‘feel good’ or ‘get on with it’ platitudes.

Michael Grose is the author of eight parenting books, including his new release Thriving! Find him... Profile

Recent Articles

- Why kids press your hot buttons (and what you can do)
- Parents looking for ‘sparents’. AWOKS are handy
- Better mental health for children: 10 tips for parents

Resilient families develop their own words and phrases to help each other get through the inevitable tough times that each person experiences. The language of resilience generally refers to coping strategies such as empathy, humour and acceptance.

Here are 10 examples of the language of resilience, the coping skills each reflects and the types of situations in which they are applicable.

1. “Come on, laugh it off”

Strategy: Humour

Good for: Kids who experience disappointment, failure and even loss.

Humour is a great coping strategy and a powerful tool for resilience as it heightens feelings of control. Some children and young people will naturally crack jokes or make fun of seemingly serious situations. This is a fantastic way to release stress and handle feelings of helplessness. As a parent you may need to lighten up tense situations by introducing humour of your own, which is something that many dads do really well.

2. “Don’t let this spoil everything”

Strategy: Containing thinking

Good for: Kids who feel overwhelmed; kids who experience rejection; perfectionists.

The ability to compartmentalise bad events and keep them from affecting all areas of life is a powerful coping skill. Sportspeople, politicians and others who work in the public arena need to be adept at it. When something
unpleasant happens during recess, for example, kids need to park their thinking about that event so they can get on with the rest of the day. The ability to compartmentalise thinking is a fantastic life skill kids can learn within their family.

3. “Let’s take a break”

**Strategy:** Distraction

**Good for:** Kids experiencing stressful situations; kids who think too much; kids with busy lives.

When kids are troubled by events or spend too much time brooding, it helps to do something to get their minds off things for a time. Playing games, spending time together, watching some TV, going out – are all good distracters for worried, anxious or stressed kids. Self-distraction is healthy, providing some welcome perspective. It also prevents kids from replaying awful experiences in their heads, blowing them out of proportion.

4. “Who have you spoken to about this?’’

**Strategy:** Seeking help

**Good for:** Kids who experience bullying and social problems; handling all types of personal worries.

Resilient people seek solace in the company of others when they experience difficulty. That’s why social connection is such a strong preventative strategy for young people. The promotion of help-seeking behaviours is one of the best coping strategies of all. Even if kids don’t overtly talk about what’s bothering them, it can be immensely reassuring to spend time around others who are empathetic, understanding and willing to listen and help.
5. “I know it looks bad now but you will get through this”

**Strategy:** Offering hope

**Good for:** Kids experiencing loss, bullying, change or extreme disappointment.

There are times when parents can do nothing else but keep their children’s chins up and encourage them when life doesn’t go their way. Being the ‘hope’ person can be hard work, that’s why parents need to be supported by resilient people and workplaces, too. It helps to be mindful that a child or young person’s resilience is nurtured by the presence of at least one supportive adult. You may have to be that person.

6. “What can you learn from this so it doesn’t happen next time?”

**Strategy:** Positive reframing

**Good for:** Kids who make mistakes, let others down or experience personal disappointment.

One of the common attributes of optimistic people is their ability to find a learning, or look for a message, in difficult or negative situations. Parents can help kids reframe events to help them see things differently. For instance, rather than regarding a public speaking opportunity as problematic and a chance to look foolish it’s better to reframe it as a challenge and a chance to shine. It also helps when parents model reframing so kids see you changing how you view seemingly negative or worrying situations.

7. “Don’t worry – relax and see what happens!”

**Strategy:** Acceptance

**Good for:** Kids who worry about exams or performing poorly in any endeavour; pessimists.

If you’ve ever been driving to an important event only to be stuck in traffic then you would know that there are some situations you just can’t control. The only way to cope is to accept what’s happening because worrying and fretting won’t get you anywhere. Similarly, parents with a resilience mindset can help kids understand what’s worth worrying about and what’s not, and that some things won’t change no matter how much kids fret or beat themselves up!

8. “This isn’t the end of the world”

**Strategy:** Maintaining perspective

**Good for:** Kids who catastrophise or blow things out of proportion.

While most of us catastrophise at times, jumping to the worst possible conclusion, it is a habit that only exaggerates anxiety. When kids constantly think the worst case scenario, challenge their views. “Yes, you could end up not knowing anyone at camp but you won’t be the only one. Besides you’ll probably end up making new friends like you generally do.”

9. “You could be right. But have you thought about ... ”

**Strategy:** Flexible thinking

**Good for:** Kids who catastrophise; experience extreme feelings; who exaggerate.
Many children and young people talk in extremes – ‘awesome’, ‘the best’, ‘the worst’ and ‘gross’ roll off their tongues easily these days. Unfortunately, their extreme language leads to extreme emotional responses. Develop the habit of winding back their language by introducing shades of grey, rather than black and white. Replace “I’m furious” with “I’m annoyed”. “It’s an absolute disaster” with “It’s a pain”. “I can’t stand it” with “I don’t like it”. Realistic language leads to realistic thinking, which helps kids handle many ordinary situations that they have blown out of proportion.

10. “What can we do about this?”

**Strategy:** Taking action

**Good for:** Kids who mope; who experience disappointment; who feel inadequate.

Kids can sometimes feel overwhelmed by events such as constant failure, constant rejection or always narrowly missing being picked for a team. They can be overwhelmed by feelings of inadequacy and helplessness. Action is often the best remedy. Help them take the first step forward. Set some goals. Make some plans. Identify the first step and hold their hand while they take it. Taking action is a quality shared by resilient communities, organisations and individuals.

**Bring resilience into your everyday language**

Resilient parents focus on building children’s and young people’s strengths for the future, while helping them cope with the present difficulties and challenges they experience.

The key to promoting resilience lies in the language that parents use. My challenge for parents is to make resilience an integral part of your family’s proprietary language. You’ll know you have succeeded if your children as adults remind you, when they hear any complaints or whinges from you in your dotage, to ‘hang in there’, ‘this too will pass’ and ‘find the funny side’. Granted they may be phrases you don’t want to hear, but at least you know that you’ve drummed into your kids some important core messages that have stayed for life.

**Related reading:**

- [10 hints for creating resilient families](#) from Andrew Fuller
- [7 strategies for building your family’s resilience](#) from Psychology Today
- [Developing resilience in your child](#) from Schools A-Z

How many of those phrases do you use in your family? How do you build resilience at home?
From the Deputy Principal: Gwendolyn Irvine

FOND MEMORIES BOOK FOR MR DOYLE

Mr Doyle was principal at Springfield Lakes State School for four (4) years and in that time has touched many people's lives. During the last week of term all of the children and staff had the opportunity to talk to Mr Doyle and say goodbye and to recount some of their fondest moments.

I would like to extend the opportunity to parents and caregivers who wish to sign Mr Doyle's farewell book. This can be done by coming into the office or sending an email to girvi8@eq.edu.au. All of your wishes will be collated into below book and presented to Mr Doyle at a later date.

To be part of the fond memories book please come to the office or email us by 28th August 2015.

SIGN OUT PROCEDURES

There have been a number of parents who are coming into the school, going directly to your child’s classroom and pulling them out. The correct procedure at Springfield Lakes State School is:

- Parents must **always** come to the Administration Office as the first point of call
- Parents must **sign your child out** if they are leaving the school grounds
- Administration staff **will call your child’s class** and have them sent up to the office with their bag or
- Parents will be given a **leave pass** if the option is for them to collect their child from class.

Your adherence to Education Queensland policies and procedures would be greatly appreciated.
Language across the curriculum:

Language and vocabulary are found across every subject of the curriculum. Having a deep understanding of vocabulary in subjects will help your child understand and remember information. When doing homework with your child, try these strategies to further develop their understanding of that subject:

- Discuss the meaning of their spelling words. Make 3 sentences about that spelling word to demonstrate its use. This makes spelling more meaningful.
- Use visuals to demonstrate a concept. E.g., Maths multiplication can be demonstrated by using blocks or counters.
- Use the 10 steps of Robust Vocabulary Instruction below to talk about words that come up in homework, home readers, or in your child’s novel.
- Use YouTube, Wikipedia or Google images to provide pictures or a video to help your child further understand concepts in science, geography, history, maths, etc.
- If your child is having difficulties in their homework, provide an example of how you would answer the question to demonstrate problem solving, E.g., I’m not sure about that answer so I’m going to read the paragraph again.
- Check out the following website for information on how to support your child’s literacy and numeracy development. Here, you will find a number of fact sheets which provide fantastic, practical and easy strategies which will make a big difference to your child’s learning in the home environment:
  
Robust word of the week:
Fascinated
Brought to you by Year 5

Your children are super excited about their Robust Vocabulary. Students are practising using their new words in the classroom and are pointing out when they hear a word they have learned. How can I continue this in the home? Follow these steps:

Robust Vocabulary Instruction

1. Explain what the word means in relation to the context (book, conversation, sentence etc). Eg. here Bob felt triumphant when he won the race, triumphant means he felt really really good, he felt awesome!
2. Say the word together.
3. Explain what the word means again in relation to other things (not just the context you talked about above). Eg. triumphant means when you win at something, and you feel really happy about it.
5. Parent gives 3+ examples. Eg. I felt triumphant when I got all my work done and I could go home early from work. I felt triumphant when I won the game of chess against Grandma as she nearly beat me!
6. Say the word together again.
7. Your child gives their own examples. Eg. when they won a race at school or a football game, when they achieved 10/10 on a spelling test.
8. Try use the word in a sentence to practice using the word. Eg. I felt triumphant when......
9. Say the word together again
10. Repeat talking about the word each day for a week.

Note: you may like to talk to your child’s teacher to get their weekly word list.

Information provided by:
Tara Brown
Education Queensland Speech-Language Pathologist
Contact me!
Email: tbow542@eq.edu.au | Ph: 3437 9888
"Introducing the next J. K. Rowling"

Year fives have been working hard at honing their fantasy writing skills, and this is one of our best so far!

The class was tasked with writing a short descriptive response to the fantasy narrative story "Dragon Quest" by Allan Baillie. As you read and marvel at this fabulous effort by Jackson Wood in 5C, sit back and contemplate whether you could write like that when you were in year 5!!

Descriptive Response to “Dragon Quest” By Jackson

As the brave warriors voyaged through the deep, dark forest together, they passed blood sucking, razor-fanged werewolves, and acid spitting toads!

At last they had completed another part of the voyage. But it was still not done- the beast lives... for now.

The confident warriors panted after defending themselves from the dangers that still lurked in the forest. They could still hear the sound of the witches’ devious laughs slowly fading through the dead forest, where many brothers were lost and souls were merged into each tree. They slowly sneaked through the deep snow where any mistake could wake the beast.

They had no idea what they were up against. RAAA! They had awakened the ... the ... the ... dragon!

Their two minds put together “RUN!!” screamed the boy as he sprinted down the mountain, but it was shaking and .... flying!
P & C NEWS

School Banking
At this stage and until further notice there will be no school banking. P & C would like to apologise for any inconvenience this may cause.

FROM THE ADMINISTRATION OFFICE

OFFICE HOURS

Monday 8.00 - 4.00
Tuesday 8.00 - 4.00
Wednesday 8.00 - 4.00
Thursday 7.30 - 3.30
Friday 8.00 - 4.00

Recently we have seen a number of students in the sick-bay with vomiting, tummy pains and gastro. To try and stem the flow of this outbreak we are asking all families to keep their children at home if they are feeling unwell. Often students return to school while they are still infectious but this serves to keep the virus circulating. Please help to keep our school and wider community a healthier place to be.

There seems to be some confusion in regards to payments of invoices. Please find information below in regards to the various payment options that are available to you.

STUDENT ABSENCE LINE
Parents are requested to call the Student Absence Line on 3437 9860 to advise the school if your child/ren will be absent.

STUDENT PERSONAL DETAILS
We are reminding parents to ensure that all contact details are up to date. We have had a number of incidents of late where we have needed to contact parents due to accident or illness and the phone numbers that we have on file are incorrect or have been disconnected.
MESSAGES TO STUDENTS

We are receiving an increasing number of messages to pass on to students in relation to end of day arrangements/pickup. It becomes extremely difficult to pass these messages on to students when we receive calls from parents minutes before the bell. We ask families to please make arrangements before leaving in the morning.

MOBILE PHONES

Bringing mobile phones to school is not encouraged by the school because of the potential for theft and general distraction and/or disruption associated with them. However, we understand that on occasions parents require their children to have a mobile phone. This is to be logged into the office on arrival at school, with the mobile phone register being signed. Children collect their phones and sign them out in the afternoon.

WHEN PACKING LUNCHES FOR OUR CHILDREN PLEASE KEEP IN MIND CONVENIENCE IS NOT ALWAYS THE BEST SOLUTION.

The small cans of spaghetti or fruit with the pull ring lids are a very convenient solution for a meal but have also caused nasty accidents for little fingers. Please be mindful of this and perhaps take the time to open and pour the contents into a small plastic container.

MR HORRIGAN LIKES DOGS

While Mr Horrigan likes dogs not all dogs like each other.

Please do not bring your dog to school as some dogs bite and some dogs like to fight.

COMING EVENTS

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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</thead>
<tbody>
<tr>
<td>Jul 13</td>
<td>School Resumes for Term 3 2015</td>
</tr>
<tr>
<td>Jul 16 &amp; 17</td>
<td>Year 4 St. Helena Excursion</td>
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<td>Jul 20</td>
<td>Year 4 - 7 Assembly - 2pm in School Hall</td>
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<td>Jul 20</td>
<td>Sydney/Canberra parent information session 6.p.m in Staff Room</td>
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<tr>
<td>Jul 21</td>
<td>Naidoc Performance in School Hall</td>
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<td>Jul 21</td>
<td>Prep Incursion - &quot;Pick a Peck of Pickled Poems&quot;</td>
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<td>Jul 23</td>
<td>Prep-Year 1 Assembly - 2pm at the undercover area next to the tuckshop</td>
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<td>Jul 30</td>
<td>Year 2 &amp; 3 Assembly - 2pm in School Hall</td>
</tr>
<tr>
<td>Aug 3</td>
<td>Year 4 - 7 Assembly - 2pm in School Hall</td>
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<tr>
<td>Aug 6</td>
<td>Prep-Year 1 Assembly - 2pm at the undercover area next to the tuckshop</td>
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<td>Date</td>
<td>Event Description</td>
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<tr>
<td>10-14th</td>
<td>Year 6 - 2015 Canberra Trip</td>
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<tr>
<td>13</td>
<td>Year 2 &amp; 3 Assembly - 2pm in School Hall</td>
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<tr>
<td>17</td>
<td>Year 4 - 7 Assembly - 2pm in School Hall</td>
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<tr>
<td>20</td>
<td>Prep-Year 1 Assembly - 2pm at the undercover area next to the tuckshop</td>
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<tr>
<td>24-26</td>
<td>Year 5 Excursion to Camp Goodenough</td>
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<tr>
<td>27</td>
<td>Year 2 &amp; 3 Assembly - 2pm in School Hall</td>
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<tr>
<td>31</td>
<td>Year 4 - 7 Assembly - 2pm in School Hall</td>
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<tr>
<td>Sep 3</td>
<td>Prep-Year 1 Assembly - 2pm at the undercover area next to the tuckshop</td>
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<td>10</td>
<td>Year 2 &amp; 3 Assembly - 2pm in School Hall</td>
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<tr>
<td>14</td>
<td>Year 4 - 7 Assembly - 2pm in School Hall</td>
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<tr>
<td>15th &amp; 16th</td>
<td>Anita Archer Conference</td>
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<tr>
<td>Sep 17</td>
<td>Prep-Year 1 Assembly - 2pm at the undercover area next to the tuckshop</td>
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<tr>
<td>18</td>
<td>Last day of Term 3 2015</td>
</tr>
<tr>
<td>Oct 6</td>
<td>School Resumes for Term 4 2015</td>
</tr>
<tr>
<td>Dec 2015  11</td>
<td>Last day of Term 4 2015</td>
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### CURRENT EXCURSIONS/ACTIVITIES

<table>
<thead>
<tr>
<th>Activity</th>
<th>Year Level</th>
<th>Amount</th>
<th>Reference/ Item Code</th>
<th>Payment Due Date</th>
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<tbody>
<tr>
<td>Voluntary Contribution</td>
<td>P-7</td>
<td>$75.00</td>
<td>VC</td>
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<tr>
<td>2015 Canberra Trip</td>
<td>Year 6</td>
<td>$900.00</td>
<td>CANB</td>
<td>27/07/2015</td>
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<tr>
<td>Yr 5 Excursion to Camp Goodenough</td>
<td>Year 5</td>
<td>$220.00</td>
<td>Yr5 Camp</td>
<td>10/08/2015</td>
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<tr>
<td>Science Week</td>
<td>P-7</td>
<td>$5.00</td>
<td>Science</td>
<td>10/08/2015</td>
</tr>
</tbody>
</table>
* N.B. All due dates will be strictly adhered to. Any monies received after 10.30am on the above dates will not be processed. If there are exceptional circumstances, please contact the Principal. Payments received by BPay or internet banking after the due date will be refunded back to the payee.

Payment Times
8:00am to 10:30am daily

Payment Methods

- **Cash payments** – We would appreciate correct money if paying at the payment window as the school does not hold change.

- **BPay Payments** – minimum payments amount of $10 or more.

- **Eftpos and Credit Card**

  Payments – Mastercard and Visacard transactions can be processed at the payment window for all invoices. PLEASE NOTE - We cannot accept American Express, Amex or any other international card for payment of invoices.

  - **Direct Deposit** - When making a payment directly to the schools bank account, please ensure that a description is entered ie: child’s name and class so that we can credit the payment to your child’s account.

    - BPay – minimum **$10.00 transaction**
      - Internet Banking – ensure Student name AND Reference/Item Code are included.
      - Phone – credit card only. Call the school on 34379888 daily prior to 10:30am
      - EFTPOS –
        - Credit Card - details on form provided with excursion –

When paying by internet banking, please ensure you first put the students name and have the correct code as some payments made to the school are unable to be allocated against a student due to insufficient details.

Reference Details when paying by Internet Banking as detailed on the back of your invoice are as follows:-

- **Reference/Details**: Please record Student Name and Reference/Item Code in the reference/details section so that your payment can be recorded correctly. If insufficient details are supplied, payments will be applied to the oldest debt for that Family/Customer.

- **Example**: JSmithCSIRO or BecJonesCANB

Payment for School Events, Excursions

When the school organises an event all parents are expected to meet the deadline for payments. We give as much notice as possible for the events and provide options for payment. However, late payments place a burden on the school’s staff. The cut off for school camps is two weeks before the event and the cut off for school excursions is one week before the event.
SCHOOL WIDE POSITIVE BEHAVIOUR

SWPBS - School Wide Positive Behaviour Support

Below are the expectations being taught to all our students. We ask that parents reinforce these expectations when in our school grounds.

Week 1 - Whole School and Year Level Focus - Co-operative
Move off to class promptly once you have heard the bell.

Week 2
Prep - Respectful - Keep body parts other objects to yourself.
Year 1 - Cooperative - Be organised for class time.
Year 2 - Respectful - Bullies and Bystanders.
Year 3 - Respectful - Bullies and Bystanders.
Year 4 - Cooperative - Use facilities at the correct time.
Year 5 - Cooperative - Bullies and Bystanders.
Year 6 - Respectful - Be an active part of class teams.

Week 3
Whole School and Year Level Focus
Co-operative - Keep to the left of the path and walk safely.

Week 4
Prep - Cooperative - Be an active part of class teams.
Year 1 - Cooperative - Follow the instructions of every member of staff.
Year 2 - Respectful - Keep your own hat and allow others to keep theirs.
Year 3 - Respectful - Keep your own hat and allow others to keep theirs.
Year 4 - Cooperative - Be organised for class time.
Year 5 - Respectful - Keep body parts other objects to yourself.
Year 6 - Respectful - Bullies and Bystanders.
SPORTS NEWS

Regional Tennis Trials
Allya Nguyen recently made the Central Districts team and represented Springfield Lakes State School at the Met West Regional trials on Tuesday 9th June where she played hard and made the top 16 of the Met West region for the second day trials. Although she did not make it through to the next stage Allya has achieved a massive milestone at such a young age.

Congratulations for such a great achievement!

Year 4-6 Sports Day
On the last 2 days of Term 2 Years 4-6 children had their Athletics Carnival. All of our children put in their best efforts and produced some amazing results. The children listed below made the School Athletics Team and will represent our school at the District Athletics Carnival on the 3rd and 4th August at Limestone Park, Ipswich.

Lakiya Gover, Bridie Garland, Cruze Budd, Jessica Hall, Tanley Hulm, Jaeda Eva, Jaya Houkamau, Anika Coralde, Ebony Ryan, Teihana Amiga-Jones, Jazmyn McKenzie, Ana Davenport, Holly Beveridge, Tiara Vavau, Chelsea Buys, Gemma Wildenburg

Emma Collins, Soriah Rowsell, Lily Pearse, Trishala Nair, Orlando Metuariki, Butoyi Athanase, Ashton Halvey, Redan Dinh, Tyrell Butcher, Max Kozinetes, Roman Ikin, Seth Geddes, Teancum Solomona, Noah Wotherspoon, Josiah Harrison, Kadin Pritchard


Our Age Champions for 2015 were:

9yrs Boys – Jayden Paul & Riley Suess
9yrs Girls – Caydence Kelly
10yrs Boys – Tyrell Butcher
10yrs Girls – Lakiya Gover
11yrs Boys – Josiah Harrison
11yrs Girls – Ana Davenport
12yrs Boys – Anthony Nguyen
12yrs Girls – Tiara Vavau

Our winners for the Tug-O-War Competition were Freeman House. Throughout the carnival the house with the Best Team Spirit was Jones House and the Overall Winning House was Border House.

Rugby Union Trials
Last term the District Rugby Union Trials were held and five of our students were successful in being selected for the Central District Team. Congratulations to Jayden Clark, Reihana Ferrier, Pharell Zimmerman, Manase Fakaosilea and Jeziah Scanlon. The boys all played then last Thursday at the Met...
West Regional Trials. From our Central team, Pharell Zimmerman made the Met West Regional Team. He will now go on to compete at the State Carnival. Well done Pharell!

*Danielle Fajzullin*
*HPE Teacher*

**MUSIC NEWS**

**NAIDOC performance**
On Tuesday our school was treated to performances by indigenous performer Sean Choolburra. Sean showed us dances from his family in North Queensland, including the Scrub hen dance, and the telephone dance showing how the telephone had been brought to communities across Australia. He also showed us traditional methods of making fire and told us stories such as how the frill neck lizard got its frill. He finished off each show with a version of Gagnam style called Gammin style. Thank you Sean for a very entertaining performance!

**Instrumental Music**
Band students will receive information this week regarding upcoming changes to their instrumental music lessons and Band rehearsals.

**Senior Choir**
Senior Choir are busily rehearsing and learning their 7 new songs for Singfest which will be held on Thursday 27 August at our school. More information will be sent home to Senior Choir students shortly.

**Junior Choir**
Our Junior Choir performed fantastically to a very appreciative audience at Grandparents Day at the end of last term. They are now learning some new songs in readiness for performances early next term. More information soon!

**Year 1 Choir**
Our Year 1 choir is being formed now! Students have been given a note, and if they wish to be a member they must bring it back as soon as possible, as there is a strict limit on numbers. Any students who do not make the cut off will be placed on a waiting list, and invited to join as other students leave. Rehearsals will be every Tuesday at 1st break, starting in Week 4. All students who sign up to be members of our Year 1 Choir must attend every rehearsal (when at school –being away sick is acceptable), and if students miss a number of rehearsals their position in the choir will be forfeited to a student on the waiting list. Please contact me if you require any further information.

*Kind Regards*
*Libby McRoberts*
*Music Coordinator*

**DEFENCE NEWS**
Hello Defence Families and welcome to Term 3.

We are halfway through the school year already! I hope everyone had a lovely winter break. I am having a morning tea for parents on Tuesday 28th July in the school staffroom. I would love to see you there for a catch up cuppa and chat.

It is that time of year again when postings are out so please let me know if your family is on the move. It can be a stressful and exciting time so don't hesitate to contact me if you would like some information on schools and DSTA's at your gaining locality.

My contact details are krobe319@eq.edu.au or 3437 9888 on Tuesday, Thursday or Friday between the hours of 8.30am - 1.30pm.

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DEFENCE MORNING TEA

PARENTS PLEASE COME AND JOIN ME (Kim Roberts DSTA) FOR A CUPPA AND A CHAT ....

WHEN ... TUESDAY 28TH JULY @ 9am

WHERE ... SCHOOL STAFFROOM........... 😊
WOOLWORTHS EARN & LEARN PROGRAM

It starts 15th July and finishes on 8th September 2015.

The Woolworths Earn & Learn program gives Schools and Early Learning Centres around Australia the chance to earn new educational resources.

Make a difference for your local school
- Simply shop at Woolworths and you will receive one Woolworths Earn & Learn Sticker for every $10 spent.*
- Stick the Woolworths Stickers onto the Woolworths Earn & Learn Sticker Sheet inside.
- Once it’s complete, pop it into a Collection Box at your school or local store.

You can download more Woolworths Earn & Learn Sticker Sheets from our website woolworths.com.au/earnandlearn

Kind Regards
Madonna Marsh

ASSEMBLY AWARDS

Congratulations to these students who achieved well or who have been excellent citizens.

Junior Assembly

<table>
<thead>
<tr>
<th>Grade</th>
<th>Name 1</th>
<th>Name 2</th>
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<tbody>
<tr>
<td>2A</td>
<td>Nash W</td>
<td>Jessica G</td>
</tr>
<tr>
<td>2B</td>
<td>John T</td>
<td>Sienna S</td>
</tr>
<tr>
<td>2C</td>
<td>Brody W</td>
<td>Kevin T</td>
</tr>
<tr>
<td>2D</td>
<td>Icyrus T</td>
<td>Summer B</td>
</tr>
<tr>
<td>2E</td>
<td>Samuel H</td>
<td>Jessica L</td>
</tr>
<tr>
<td>Grade</td>
<td>First Name</td>
<td>Last Name</td>
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</tr>
<tr>
<td>2F</td>
<td>Lillie B</td>
<td>Kiara B</td>
</tr>
<tr>
<td>3A</td>
<td>Ella H</td>
<td>Stella S</td>
</tr>
<tr>
<td>3B</td>
<td>Jamie B</td>
<td>Nicole K</td>
</tr>
<tr>
<td>3C</td>
<td>Tyran B</td>
<td>Tristan G</td>
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<tr>
<td>3D</td>
<td>Savannah B</td>
<td>Etania C</td>
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<tr>
<td>3E</td>
<td>Vennixx F</td>
<td>Tyla V</td>
</tr>
<tr>
<td>3F</td>
<td>Treyvon P</td>
<td>Alex M</td>
</tr>
<tr>
<td>3G</td>
<td>Barak B</td>
<td>Zander C</td>
</tr>
<tr>
<td>4C</td>
<td>Dakoda F-L</td>
<td>Noah W</td>
</tr>
<tr>
<td>5C</td>
<td>Jessica H</td>
<td>Dominic T</td>
</tr>
<tr>
<td></td>
<td>Mia R</td>
<td>Joshua S</td>
</tr>
<tr>
<td></td>
<td>Makayla W</td>
<td></td>
</tr>
<tr>
<td>6B</td>
<td>Amiya D</td>
<td>Soriah R</td>
</tr>
<tr>
<td>6C</td>
<td>Ana D</td>
<td>Harmonie G</td>
</tr>
<tr>
<td></td>
<td>Jordan T</td>
<td>Declan M</td>
</tr>
<tr>
<td>6E</td>
<td>Allexys T</td>
<td>Dylan B</td>
</tr>
<tr>
<td></td>
<td>Abigail A</td>
<td>Jaya H</td>
</tr>
</tbody>
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UNIFORM SHOP

REGULAR OPENING TIMES
UNIFORM SHOP 2015

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>7.30AM - 9.30AM</th>
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<tbody>
<tr>
<td>TUESDAY</td>
<td>CLOSED</td>
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<tr>
<td>WEDNESDAY</td>
<td>7.30AM - 9.30AM</td>
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<tr>
<td>THURSDAY</td>
<td>7.30AM - 9.30AM</td>
</tr>
<tr>
<td>FRIDAY</td>
<td>CLOSED</td>
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</tbody>
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Our schools uniform shop is now available on-line just click on the link available on school website. All orders will be delivered to your child's classroom.

Click here for the NEW uniform shop Order Form.

Uniforms also available for purchase on line, click on the link on the school website. All orders are delivered direct to child/ren's classroom.

Payment and Collections Options:

In person: At uniform shop when opening times apply; pay by cash, credit or debit cards cards and cheque.

By telephone: Call 3437 9888 (request uniform shop) during uniform shop opening hours. Payment options include credit card or debit card only NO CASH. Your order will be processed the next available uniform shop working day and delivered to your child’s class.

By fax: 34379800 Order forms can be collected via office, school website or uniform shop. Payment options include credit or debit cards only, NO CASH. Your order will be processed the next available uniform shop working day and delivered to your child’s class; uncompleted credit or debit card details will result in non-delivery of uniform.

By Administration Office: Complete order forms are to be handed in to administration office. Payment options include credit or debit card only, NO CASH. Your order will be processed the next available uniform shop working day and delivered to your child’s class; uncompleted credit or debit card details will result in non-delivery of uniform.
TUCKSHOP NEWS

New GLUTEN FREE MENU AVAILABLE at the tuckshop

SAVE TIME, ORDER TUCKSHOP & UNIFORMS ONLINE!

At Springfield Lakes State School we now have a great new online system to make the ordering of lunches and uniforms easier and more convenient.

- Order at a time convenient to you in the morning, right before, or weeks in advance!
- No searching for cash required
  It’s already paid online!
- Teach students healthy eating in a fun way
- Order from home or work

It’s so easy!
Go to www.flexischools.com.au

OR go to the quick link
www.springfieldlakes.eq.edu.au

1) Click “Register Now” to create account
2) Top-up your balance
3) Start ordering immediately

To view a demonstration
go to the www.flexischools.com.au website and in the “Feed Your School” box, enter a few letters from our school name and click the name when it appears below.

What Does It Cost? The online menu is the same price as the usual menu. However, there is a small fee for the online orders to help pay for the labels and the website system. So why not order your next lunch online!

What payment methods can I use?
FlexiSchools accepts payment via Visa, Mastercard, and Bank Transfer. To perform a bank transfer to your FlexiSchools account, click “Top up Account” when logged into the FlexiSchools website and select “Bank Transfer”. You will be given your unique EFT code. You can then make a transfer via your bank’s Internet facility or at your branch.

BIRTHDAY CAKES ARE NOW AVAILABLE TO PURCHASE THROUGH TUCKSHOP
Springfield Lakes State School

Tuckshop hours

Monday to Friday

8.15am-9am

The tuckshop is open for counter sales and orders during the times above. In store counter orders must all be handed into the tuckshop by 9am daily.

**Online orders** - Must be processed by 8am

For all details please go to the website:


* Tuckshop phone number ph 34379836

Please phone between 7.30-8am or 12noon-1pm

* Absentees from school who have orders tuckshop, please call the tuckshop direct to postpone your order

Tuckshop convenor - Sandra Goss

Tuckshop second in charge - Lauren Lovell
YMCA
Springfield Lakes
OSHC
P: 07 3818 3741
F: 07 3288 3162
M: 0437 823 073
asf@ymca.org.au

YMCA SPRINGFIELD LAKES OSHC
BEFORE, AFTER & VACATION CARE

Last month our service went through assessment and rating for the National Quality Framework. This is a detailed auditing process to see if our service is providing the best quality care for all children and that we are following the seven quality areas set out in the national quality framework guidelines.

We would like to advise that we received a rating of ‘meeting’ in all seven areas, this is a fantastic result. It demonstrates that our service is providing a standard of care that is in line with the National Quality Framework set out by the Department of Education and the National Quality Standard.

If you know of new families moving to Springfield Lakes and are looking for quality Outside School Hours Care please let them know that we are situated on the grounds of Springfield Lakes State School. We escort preps to and from their classrooms and the other children walk down to our service, there is no need to leave the school grounds.

Children of all ages will discover a range of activities which encourage children to interact with friends, learn life skills, problem solve and be challenged by new experiences in an environment that is safe, fun and relaxed.

Children are provided with a nutritious breakfast and afternoon tea.

Did you know through the Australian Government’s Child Care Benefit Scheme, some families pay as little as $2.20 per session per child?

Parents and Care Givers can contact our service via phone or email to arrange a personalised tour where you can meet our team and more importantly, we can get to know you and your children.

Karen Kelso
Co-ordinator
The Team
YMCA Springfield Lakes OSHC
LJ & PATTY SAY JUMP INTO IT!

REGISTER NOW AT AUSSIEHOOPS.COM.AU
TERM 3: 25TH JULY - 12TH SEPT
SATURDAYS 11.00AM - 12NOON
COTTON ON FOUNDATION STADIUM
FOR MORE INFO PH. 073 282 4328
COME & TRY
AUSSIE BASEBALL!
AN AUSTRALIAN TRADITION SINCE 1878

AUSSIE T-BALL  LITTLE LEAGUE  JUNIORS • SENIORS  BRISBANE BANDITS

WESTERN DISTRICTS BASEBALL CLUB INC.  "Home of the Bulldogs"

COME & TRY + SIGN ONS

SATURDAY 25 JULY from 9AM-11AM
SATURDAY 1 AUGUST from 2PM-4PM
SUNDAY 9 AUGUST from 2PM-4PM

at the Western Districts Baseball Club Inc. Atthows Park, Westcombe Street, Darra
For more info, visit: www.wests.baseball.com.au or call 0409 811 704

Why not give Baseball a try this season? Find out more at:
www.qld.baseball.com.au