



# Australian Curriculum: 2025 Health and Physical Education Prep

CURRICULUM	Prep			
	Term 1	Term 2	Term 3	Term 4
<b>Health Unit</b>	Unit 1: I am growing and changing			Unit 4: I am safe
<b>Physical Education Unit</b>	Catch that bean	Unit 1: Let's get moving	Animal groove	Unit 3: Who wants to play

ASSESSMENT			Prep			
			Semester 1		SEMESTER 2	
Range and balance of summative assessment conventions	Health	Assessment	I am growing and changing			I am safe
		Technique	Collection of Work			Collection of Work
		Type of text	Multiple choice and conversation			Multiple choice and conversation
		Mode	Written			Written/oral
	Physical Education	Assessment	Catch that bean	Let's get moving	Animal Groove	Who wants to play
		Technique	Practical	Practical	Practical	Practical
		Type of text	Demonstration	Demonstration	Demonstration	Demonstration
		Mode	Physical	Physical	Physical	Physical
<b>Aspects of the achievement standard</b>						
recognise how they are growing and changing						
identify and describe the different emotions people experience						
identify actions that help them be healthy, safe and physically active						
identify different settings where they can be active and demonstrate how to move and play safely						
describe how their body responds to movement						
use personal and social skills when working with others in a range of activities						
demonstrate, with guidance, practices and protective behaviours to keep themselves safe and healthy in different activities						
perform fundamental movement skills and solve movement challenges						

Shaded cells indicate opportunities that summative assessments provide for students to demonstrate evidence against all aspects of the achievement standard

